



SOFTBALL CAMPS

led by LANGLEY HIGH SCHOOL COACHING
STAFF

WEEK 1 ~ June 14-18, 2021 – Langley

WEEK 2 ~ August 16-20, 2021 – Nike Park

9:00 am - 1:00 pm daily

Ages 7 - 13 ~ Cost - \$200 per week

For registration details email Coach Mike Sharkey ~
gfsharks@gmail.com with child's name, age and parent contact info.

Confirmation and payment information will be sent.

| SKILLS TAUGHT | | | | |
|---------------|--------------|-------------|--------------|-------------|
| INFIELD | OUTFIELD | HITTING | BASERUNNING | COMPETITONS |
| Mechanics | Mechanics | Mechanics | Mechanics | Fastest |
| Acceptance | Acceptance | Grip | All Bases | Throwing |
| Transition | Transition | Ready | Tag up/Bunts | Hitting |
| Throw | Throw | Load | Stealing | Catching |
| Backhand | Ground Balls | Connection | Sliding | |
| Forehand | Fence | Contact | | |
| Position/Tag | Cuts | Follow thru | | |
| Bunts/slaps | Tags | Bunts/slaps | | |