



WEST CENTRAL COMMUNITY CENTER

Youth Basketball League

3-on-3 League

General Rules:

- Each team consists of 3 to 5 players (three on the court at one time).
- Players will choose one player to serve as captain. (Captain must be a player on the roster.) Captain will serve as spokesperson for the team, and settle any disputes that might arise among players. (Intent is to develop leadership, responsibility, cooperation and trust among the players.)
- The game is played in the half-court, on one basket.
- Two periods of 15 minutes each. Games will be played with running clock (clock stopped for injury only). Overtime is 1:00 minute (or the first team to score 60).
- Substitutions shall occur at/near each 3 minute interval (12-minute, 9-minute, 6-minute, 3-minute mark). Each player should play at least 15 minutes of each game. (No player should be out of the game longer than 3 minutes.)
- Each team may call one 1-minute time out per half.
- Halftime is three minutes.
- Regular scoring (3-point shot, 2-point shot and free throws).
- Five fouls and player is disqualified.
- Team is in the penalty after 6 team fouls, every foul shot is a one-and-one.
- The team that is first to score 60 points, or is ahead when time expires, wins.
- 15 seconds to get shot off or it is a turnover (shot must hit the rim to reset the clock).
- One referee per game.
- Both teams warm-up simultaneously.
- No jersey will result in a technical foul.
- The League Director reserves the right to reassign players in an attempt to improve team parity.

Game Play:

- Before the game, a player from the designated home team will shoot a 3-pointer, if player makes it, home team gets possession first. If shot is missed, other team starts with the ball. Alternating possession from that point forward.
- Following each successful field goal or second successful free throw:
 - Player from the non-scoring team will inbound the ball from behind the end line. Inbound pass may be to any place in the half-court, however, if that place is not behind the three-point line, the ball receiver must dribble or pass the ball to a teammate behind the three-point line.
 - Once the ball is behind the three-point line, at least one additional pass must be made to a teammate who is behind the three-point line (or who dribbles out behind the three-point line) before an attempt to score is made. ***(In short, two different offensive players must possess the ball (by pass or dribble) behind the three-point line before an attempt to score is made.)***

- Following each unsuccessful field goal or free throw:
 - If the offensive team rebounds the ball, it may continue to attempt to score without returning the ball beyond the three-point line.
 - If the defensive team rebounds the ball, it must return the ball (by passing or dribbling) behind the three-point line. Once the ball is behind the three-point line, at least one additional pass must be made to a teammate who is behind the three-point line (or who dribbles out behind the three-point line) before an attempt to score is made.
- Following a steal, turnover:
 - If it happens within the two-point area, the ball must be passed/dribbled to a place behind the three-point line. Once the ball is behind the three-point line, at least one additional pass must be made to a teammate who is behind the three-point line (or who dribbles out behind the three-point line) before an attempt to score is made.
 - If it happens outside the two-point area, at least one additional pass must be made to a teammate who is behind the three-point line (or who dribbles out behind the three-point line) before an attempt to score is made.
- Should an offensive player attempt to score before a second offensive player has possessed the ball behind the three-point line, they will lose possession of the ball and the defensive team will inbound the ball on the side.
- All throw-ins, except after made baskets, will be taken from the side line at a place level with the top of the three-point line, closest to the infraction. The referee shall hand the ball to the out-of-bound player. The inbound pass may be to any place in the half-court, however, if that place is not behind the three-point line, the ball receiver must dribble or pass the ball to a teammate behind the three-point line. Once the ball is behind the three-point line, at least one additional pass must be made to a teammate who is behind the three-point line (or who dribbles out behind the three-point line) before an attempt to score is made.