

U7 Division Player Rating Sheet

Team # _____

Coach Name _____

Techniques

Individual Traits

| Last Name | First Name | Dribbling | Shooting | Restarts | Attitude | Athleticism | Total |
|-----------|------------|-----------|----------|----------|----------|-------------|-------|
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U7 Techniques

Dribbling

Looking for:
good balance
uses all surfaces of both feet
head up
keeps ball close
can change direction

Shooting (Instep Kick)

Looking for:
accuracy
power
learning to kick with both feet
good balance

Restarts (Throw-in)

Looking for:
both feet on ground, behind line
hands overhead
team maintains possession

Measuring Techniques

- 0 Cannot perform skill and does not try
- 1 Able to perform skill, but not as well as most division players
- 2 Performs technique as well as most division players
- 3 Often out performs other division players on the same technique

Measuring Individual Traits

Attitude Attributes

Positive attitude and willingness to participate
Good sportsmanship toward players
Cooperative with coaches and refs

- 0 Poor
- 1 Tolerable with lots of attention
- 2 Good with a little redirection
- 3 Very good example and team leader

Athleticism

Speed
Control
Agility

- 0 does not demonstrate attributes of athleticism
- 1 some athleticism, but not as much as most division players
- 2 matches athleticism with most division players
- 3 exceeds most division players in athleticism