U10 Division Player Rating Sheet

Team # _____ **Coach Name** _____

		Techniques						Individual Traits		
Last Name	**First Name**	**Dribbling**	**Shooting**	**Passing**	**Restarts**	**Control**	**Goalie**	**Attitude**	**Athleticism**	**Total**

U10 Techniques

Dribbling
Looking for:
good balance
uses all surfaces of both feet
head up
keeps ball close
can change direction

Passing
Looking for:
accuracy
power
use of space
uses instep kick and push pass

Shooting
Looking for:
accuracy
power
uses both feet
good balance

Control (trapping)
Looking for:
inside of foot ball control
ball doesn't roll over foot
good control for next move

Restarts
Looking for:
Performs restarts correctly
Understands occurance for each restart
Team maintains possession

Goal Keeping
Looking for:
body position when receiving
hand position when receiving
uses varied distribution techniques

Front Block (taught, not measured)
Looking for:
contact at ball's center
wins the tackle
follow up pass or dribble

Measuring Techniques

0 Cannot perform skill and does not try
1 Able to perform skill, but not as well as most division players
2 Performs technique as well as most division players
3 Often out performs other division players on the same technique

Measuring Individual Traits

Attitude Attributes

Positive attitude and willingness to participate
Good sportsmanship toward players
Cooperative to coaches and refs

0 Poor
1 Tolerable with lots of attention
2 Good with a little redirection
3 Very good example and team leader

Athleticism

Speed
Control
Agility

0 does not demonstrate attributes of athleticism
1 some athleticism, but not as much as most division players
2 matches athleticism with most division players
3 exceeds most division players in athleticism