

NKSA Player Evaluation Sheet					
	Attribute	Developing	Competent	Effective	Proficient
T e c h n i c a l	Dribbling				
	Running with the Ball				
	Shielding				
	Ball Control				
	Receiving the Ball out of the air				
	Passing-short				
	Passing-long				
	Crossing				
	Shooting				
	Finishing				
	Heading (U13 and above)				
T a c t i c a l	1v1 Defending				
	1v1 Attacking				
	Team Attacking				
	Transition				
	Team/Unit Defending				
	Combination Play				
P h y s i c a l	Coordination				
	Agility				
	Endurance				
	Strength (U13-U19)				
	Speed				
	Acceleration				
	Deceleration				
M e n t a l	Confidence				
	Cooperation				
	Communication				
	Focused				
	Decision-making				
	Respect				
	Determination				
	Self-Control				
Developing -player still working to acquire attribute, frequently finds difficulty in performing under pressure.					
Competent -player is acquiring attribute and is able to be successful often under pressure.					
Effective -player has acquired the attribute and is frequently successful under pressure.					
Proficient -player has acquired the attribute and is nearly always successful in applying it under pressure.					

Dribbling-How well do you move the ball at your feet, do you possess confident ball moves to avoid pressure?

Running with the Ball-How well do you move with the ball at speed, in space?

Shielding-How well do you keep possession of the ball while under direct pressure?

Ball Control-How is your 1st touch, can you consistently keep the ball where needed when receiving?

Receiving the ball out of the Air-same as above, but with ball from the air.

Passing, short-Can you play accurate, appropriate passes over short distances (5-15 yds,) using multiple surfaces?

Passing, long-Can you play accurate, appropriate passes over longer distances (15-40 yds,) using multiple surfaces?

Crossing-Can you play consistently play driven and lofted balls into dangerous areas to create goal scoring opportunities?

Shooting-Are you able to strike a ball with power or finesse from a variety of lengths and place ball on frame ?

Finishing- Can you consistently get yourself close to the goal and score in creative ways using multiple body parts?

Heading-Ability to judge path/flight of ball and effectively direct it as needed

1v1 Defending-Are you comfortable pressuring the ball, delaying attacking and winning the ball consistently?

1v1 Attacking-Are you confident with the ball on your foot, taking on and beating a defender?

Team Attacking-Do you understand the general principles (making runs, creating space, understanding when to go forward and when to switch, etc) within your team, and can you successfully contribute?

Transition-Are you quick to recognize when team is about to lose/win the ball and do you quickly react appropriately?

Team/Unit Defending- Do you understand the general principles (when to intercept, when to mark tight/play loose, when/how to tackle, close cover, etc.) within your team, and can you successfully contribute?

Combination Play-Do you recognize opportunities to combine to keep possession or to penetrate, can you successfully perform combinations consistently?

Coordination-The ability of your full body to work together to perform complex tasks or movements

Agility-The ability to change directions quickly

Endurance-Stamina to play consistently without fatigue or loss of technical ability

Strength (U13-U19)-Ability to hold off players, perform technical tasks with appropriate power

Speed-Can you win the race, getting to balls prior to opponent?

Acceleration-How quickly can you change speeds and move effectively

Deceleration-How quickly can you control your body and slow down as needed during play?

Confidence-having a belief in your abilities and a trust in your efforts to achieve success

Cooperation-Are you consistently able to work with others to achieve a common goal?

Communication-How effectively do you listen and speak?

Decision-Making-How effective are you at analyzing the environment, assessing choices and choosing

Respect-Do you hold your coaches, team mates, opponents and officials in high regard?

Determined-Are you willing to keep working even when you fail, are you willing to push yourself to achieve success?

Self-Control- Are you able to handle your emotions and desires, or the expression of them, especially in difficult situations in order to benefit the team?