



2015 PRACTICE GUIDELINES & RESPONSIBILITIES

Although we tried for exclusive practice times, it was necessary to design some overlapping of practices to maximize our facilities and times. The majority of the time there will be two teams at the practice facility. These guidelines are in place to insure each team can make the most of their allotted time, minimize interruptions as well as address safety concerns.

- * Batting Cage availability of your practice slot is designated to be in the first half hour of your time slot. This includes both alleys, any soft toss stations, and just outside the cage area where bat-in-hand instruction is taking place, bunting, etc. Please coordinate your time so that your team and its gear, and any props have "left the building" allowing the following team proper time to begin set up for their session. This includes all balls returned to the pitching machine, ready to go.

- * The Fields are available for the last Hour of your practice times exclusively.

- * In affect, over the Hour and a Half practice slot, it means that any given team has exclusive rights to the Batting Cages for the first Half Hour and exclusive rights to the Field for the last Hour. Construct your practice plans accordingly. Also, understand that it is important to allow time to depart the Field timely, because even though the next Team might currently be busy in the Cages, they begin their Field time slot as well and will be looking to take over.

- * To most effectively utilize time, minimize cross-over foot traffic, eliminate contention and reduce the confusion of the players and coaches' gear, the protocol is to load into your pre-assigned dugouts below.

- a) The team with the 1st practice time slot of the day should load gear into the 3rd Base Dugout
- b) The 2nd team of the day loads gear into the 1st Base Dugout
- c) The 3rd team of the day takes the 3rd Base Dugout, and so on

Moving forward, this will allow all involved to know where to meet, get set up, etc. Players should enter and exit their dugout on the outside of the field fence, if possible, as to not interrupt the practice that is currently being held.

- * Players heading to and from the batting cages should never enter the field of play.

- * Players should not perform any sort of warm ups (i.e. long toss) on the field of play when it is not their portion of assigned field time. This is to reduce the chance of injury and interruption of the team that is practicing on the field.

- * The first Manager of the day is responsible for field set-up, including storing base plugs in the 1st base fence.

- * The last Manager of the day is responsible for complete shut-down. Bases are put away, plugs reinserted, batting cage balls and pitching machine covered, any field prep tools away, and areas locked.

- * ALL managers / team are responsible for cleaning garbage up after themselves.