



Dear Volunteers, Parents/Guardians, and Players:

CATSKILL LL is committed to providing a safe, welcoming environment where every player, volunteer, and family feels supported. Safety is an important part of every season, and we believe it is a shared responsibility that helps everyone enjoy the game with confidence and peace of mind.

As part of Little League SAFE, our league has confirmed the steps we take to protect children, prepare volunteers, and maintain safe facilities and playing conditions. From equipment checks and emergency planning to strong child protection practices and volunteer training, our goal is to create a positive, fun, and secure experience for every participant.

Thank you for being part of a community that puts kids first and works together to help ensure a safe, memorable Little League season.

Sincerely,

CATSKILL LL Board of Directors

League Contact Information

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2026 Board of Directors

Joseph Rothrock, President

James Story, Vice President – Past President

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Child Protection

Our League will practice and follow the below listed Protection Policies

1. Annual Background Checks – All Volunteers with regular contact with players must complete background checks through J.D.Palatine (JDP). Any applicant with a disqualifying offense is not permitted to volunteer
2. Abuse Awareness Training – All Volunteers must complete the Little League Abuse Awareness Training annually
3. Mandatory Reporting – Our League is required to report suspected abuse, including sexual abuse, within 24 hours to the proper authorities.
4. Non-Retaliation Policy – Volunteers are protected from retaliation when they good faith report of suspected abuse or misconduct.
5. One-On-One Interaction Policy – Volunteers must avoid being alone with minors unless they are in an observable and interruptible distance from another adult.

Planning for Emergencies

Emergency Contact Information –

9-1-1

Poison Control 1-800-222-1222

Village of Catskill Police Department – 518-943-2244

Greene County Sheriff's Office – 518-943-3300

Town of Catskill Ambulance – 518-943-1580

Medical Emergency Procedures

- Give first aid and have someone call 911 immediately if an ambulance is necessary. (I.e. severe injury, neck or head injury, not breathing – err on the side of caution.)
- Notify parents immediately if they are not at the scene.
- Fill out a Preliminary Accident Report.
- Notify the league safety officer by phone within 24 hours.
- Talk to your teams about the situation if it involves them. Often players are upset and worried when another player is injured. They need to feel safe and understand why the injury occurred.
- Talk to anyone in the league you feel will be helpful.
- Catskill Little League insurance is supplemental to your own insurance policy. (Clams must be filed with the League Safety Officer.)

Communicable Disease Procedures

NOTE: While risk of one athlete infecting another with HIV / AIDS during competition is close to nonexistent, there is a remote risk other blood borne infectious disease can be transmitted. Procedures for reducing the potential for

transmission of infectious agents should include, but not limited to the following.

- Bleeding must be stopped; the open wound covered and if there is any excessive amount of blood on the uniform must be changed before the athlete may participate.
- Routine use of gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
- Immediately wash hands and other skin areas if contaminated with blood or other body fluids. Wash hands immediately after removing gloves.
- Clean all blood contaminated surfaces and equipment with a solution made from a proper dilution of household bleach. (1-part bleach / 100-part water) or other disinfectants.
- Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, or other devices should be used.
- Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles containing body fluids.

Illness Procedures

A spectator with any of the following conditions should not attend a practice or game until evaluated by a medical provider and given clearance to do so:

- Active COVID-19 infection or known direct contact with an individual who has tested positive for COVID-19
- Fever

- Cough

Those at higher risk for severe disease should consider consultation with their medical provider before attending a game and should ensure the strictest adherence

to guidelines regarding face coverings, distancing, and handwashing.

Such groups include:

- Those with a serious underlying medical condition, including heart disease, morbid obesity, diabetes, lung disease, immunocompromised, chronic kidney disease, and chronic lung disease.

Stay home if you are sick or do not feel well

First Aid Preparedness

Catskill Little League RECOMMENDS all volunteers to do the following:

- Take the free Online Little League First Aid Awareness Training
- Formal First Aid Certification (from Red Cross, Local Providers)
- CPR Certification & AED Use Training

Each Team is provided with basic first aid kits at the beginning of the season. Additional first aid materials are available from the Safety Officer. Also, there are ice packs in each of the equipment sheds.

Concussions:

Any player involved in an incident where he/she is struck in the head (i.e. hit by pitch, hit by bat or batted ball, collides with another player, ground, or field structures) should be examined at time of incident for the possible existence of head concussion. The utmost care must be applied, erring on the side of cautiousness, to ensure player's safety and well-being. Player's manager should look for the following signs of concussion:

- Dilated pupils or dazed appearance
- Slurred Speech
- Moment of unconsciousness
- Wobbly, unbalanced walk
- Disorientation
- Headache
- Nausea

Any player exhibiting any of the above symptoms, should be removed from the game (or practice) and parents notified to seek medical attention. If a collision or

strike to the head was severe and the player didn't exhibit any of the above symptoms, the manager should still consider the possibility that a concussion does exist. Players will not be allowed to participate in future practices or games until the parent brings a medical note indicating the player has been examined and cleared up to play. Manager is required to a) notify the league coordinator of injury within 24 hours and b) forward the doctor's note to the league coordinator once the player has been cleared. All games where a player is allowed to play with a head injury that has not received a doctor's clearance, will result in a forfeit by that team in each game that injured player was an active participant.

*** If a player suffers a head injury and the parent is not present, the manager is required to call 911 immediately for medical assistance. ***

Note: League coordinators shall notify managers to document, via email, what occurred as well as what actions were taken. Email should be forwarded to the League Secretary and League Safety Coordinator. Also, doctor's a medical note should also be forwarded to the League Secretary

AED Access:

Elliot Park is equipped with an AED that is stored near the Major's field Concession Stand. Volunteers are recommended to be trained in using/administering the AED.

FIELD SAFETY CHECKLIST

All managers, coaches, and umpires are responsible for checking field conditions before each game.

FIELD CONDITION

Backstop repair
Home plate repair
Bases secure
Pitcher's mound
Batter's box level
Batter's box marked
Grass surface (even)
Infield fence repair
Outfield fence repair
Foul lines marked
Warning track
Coaches box level
Coaches box level
Dirt needed

DUGOUTS

Fencing needs repair
Benches need repair
Roof needs repair
Clean up required

SPECTATORS AREAS

Bleachers need repair
Bleachers clean
Parking area safe

CATCHERS EQUIPMENT

Shin guards
Helmets
Throat protector
Catchers cup
Chest protector
Catcher mitt

PLAYERS EQUIPMENT

Batting helmets
Bats inspected
Shoes checked
Uniforms checked
Little League patch
Jewelry removed

SAFETY EQUIPMENT

First aid
Medical release forms
Ice for injury
Safety manual
Injury reports forms

REMEMBER SAFETY IS EVERYONE'S JOB!

Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to the league Safety Officer or a committee member immediately. Don't play on a field that is not safe or with unsafe playing equipment. Be sure your players are fully equipped at all times, especially catchers and batters. Check your team's equipment often.

Before the game: Umpires and Coaches meet at the plate.

1. Introduce plate umpires, managers, and coaches.
2. Receive official line-up cards from each team.
3. Discuss any local playing rules (time limit, playing boundaries, etc.)

4. Discuss the innings pitched by the pitcher rules.
5. Discuss the strike zone.
6. Discuss legal pitching motions or balks.
7. Discuss sportsmanlike conduct to players.
8. Clarify calling the game due to darkness or weather (rain, lighting, etc.)
9. Inspect the playing field for unsafe conditions.
10. Get a game ball from each team.
11. Be sure layers are not wearing any jewelry or metallic objects.
12. Be sure all players are in full uniform, shirts are tucked in, hats on.
13. Umpires inspect equipment for damage and meet regulations.
14. Ensure the game starts on time.

During the game: Umpires and Coaches.

1. Encourage coaches to help speed play by having catchers and players on the bench prepared and ready to take the field with two outs.
2. Make sure catchers are wearing the proper equipment.
3. Encourage everyone to think safety first.
4. Continue to monitor the field for safety and playability.
5. Pitchers warming up in foul territory must have a spotter and catcher with helmet, chest protector and glove.
6. Keep the game moving - eight pitches or one minute to warm up the pitcher between innings.
7. Make calls loud and clear, signaling each call properly.
8. Umpires should be in position to make the call.
9. No arguing of any call made by the umpire, especially judgment calls.
10. Managers are responsible for keeping their fans on their best behavior.

Lightning Evacuation Procedures

1. Stop game / practice.
2. Stay away from metal fencing and lighting poles.
3. Do not hold metal bats.
4. Walk, don't run to a car. Wait for a decision on whether or not to continue with the game or practice.

Catskill Little League outsources it's concession stand

All volunteers are required to complete the Little League Abuse Awareness Training annually.

Board Members & Coaches are also encouraged to take the following training classes:

Safety Awareness Training – Little League University

First Aid Awareness Training – Little League University

Board Members are also encouraged to take the Diamond Leader Training – Little League University.

Additionally, League encourages and recommend Volunteers take the following classes:

Coaches Skills & Game Fundamentals Training

Formal First Aid Certifications

CPR Certifications

AED Use Training

Little League Play Training – Little League University

Little League Umpire Training - Little League University

Accident Claim Process

Any accident claims should be brought to the attention of the League President who will assist with submitting the accident claims

Little League Rules Catskill Little League will follow:

- Batters are not allowed in an open On-deck batters box.
- Batters, base runners, and player base coaches must wear helmets at all times on the field.
- Catcher's gear must include a dangling throat guard, even on hockey-style masks.
- Metal cleats are not permitted.
- Disengage able bases are used on all baseball and softball fields.
- Head-first sliding is not permitted when advancing to a base.
- Pitch Count limits and required rest days are enforced according to division rules.
- All bats used in games are approved for Little League use and meet current standards.
- Game balls must meet current little league standards and be in good condition.