



Western United Soccer Club- Return to Activity

North Carolina Youth Soccer (NCYSA) has put in place guidelines for return to activity and is following guidelines put in place by US Soccer and the State of NC. As we are all excited to get back on the pitch, the safety of our players, coaches and parents is most important. This season will most likely be different than all previous seasons and we need your help please. We will certainly do our best to put the coaches and players in the safest possible environment, but primary responsibility is on our families to educate children on expectations when out on the field. Practices and games are understandably going to have a different feel. To be in compliance with our governing body recommendations, WUSC is looking to uphold the below expectations going forward or until revised by NCYSA or the State of NC:

CLUB RESPONSIBILITIES

- WUSC will continue to stay updated from NCYSA as things change in the state of NC, and will continue to work within guidelines set by those governing bodies as well as any other rules that fields we lease from have in place, mainly Mountain Island Charter School and Mecklenburg County. All coaches will be updated on those expectations.
- Educate all WUSC coaches on expectations and protocols when going back on the field which include:
 - Practice plans that fit within the criteria of the States regulations
 - Create a plan of action in case of the unfortunate event of a positive result.
- Restrooms are provided at both MICS and Shuffletown Park, please remind all athletes to wash hands with soap and warm water as they use the facilities.
- Provide enough space for teams to train while also adhering to the current social distancing requirements.
- Players will have marked “coned” spaces for before/after practice and during water breaks, to adhere to social distancing guidelines.
 - Temperatures of players will be taken prior to being allowed into training.

COACHES

- Coaches are to pay attention and monitor looks and/or behaviors of their players.
 - If any coach senses a player to show characteristics of any ill behavior are to send that player home immediately
- All Coaches are required to set AND pick up cones
 - No players are to help in picking up coaches’ equipment
- Pinnies used in training are required to be washed after each training session.
- All Coaches are to abide to the training guidelines and have teams broken up into a maximum of 9 players in a group at one time for each activity structured.
 - Players are not to be mixed throughout the training sessions. When teams are split up into smaller groups, those players are to stay together for duration of training.
- Coaches are the only individuals allowed to move goals if necessary.
- There is to be no pre or post training/game huddle.
- All Coaches will have hand sanitizer for players to use before and after each training session.

PLAYERS

- All players will be required to wear masks as they enter and exit training sessions.
 - Wash hands thoroughly before and after training.
- Please avoid touching face
- We encourage players bring their own sanitizer to keep in bags, preferably the kind that attaches to the outside of their soccer bag and will be encouraged to use it frequently during water breaks.
- If any player exhibits a fever of 100.4 degrees and potential symptoms of illness they are to miss any soccer related activity and can only return when they are fever free for 24 hours.
- Players are not to step on the field for training any earlier then 5 minutes before your start your training session.
- All players are to have water bottles with names clearly labelled and are not to share any water with teammates.

- Players are to practice social distancing keeping bags at least 6 feet apart from other bags
- Players are to refrain from any unnecessary touching with teammates including high-5's, hugs, handshakes, fist bumps.

PARENTS

- It is the parent's responsibility to take the temperature of their child before coming to each training session. Do not come if your player has symptoms.
- Please consider not carpooling but if necessary we encourage this to be very limited.
- Any parents staying at the fields during training sessions are expected to stay in their car during practice, no parents will be allowed on the field or track area at MICS and not on the field area at Shuffletown Park.
- If parents are to leave their car at any moment during practice or games, you are required to wear a face mask.
- Please wash your children's training apparel after each activity.
- Before and after training sessions please sanitize equipment such as shin guards, boots and ball.
- Do not look to engage any staff coach at the field. Any communication with a coach is to be through phone call or email.
- Notify the club immediately if your child becomes ill. Many of these recommended protocols are common sense. If we work together to minimize exposure to the COVID-19 virus, then we can all stay safe and healthy and continue to enjoy sport activities.