

# 2026 Iowa/USA Wrestling Futures Folkstyle State Championships



**January 4th  
Ankeny High School  
1155 SW Cherry Street  
Ankeny, IA**

## Boys Weights

Kindergarten/Pre-K

38, 41, 44, 47, 50, 54, 61, 70, 80

1st Grade

40, 43, 46, 49, 53, 56, 62, 70, 85

2nd Grade

46, 49, 53, 56, 62, 70, 77, 85, 100

## Girls Weights

Kindergarten/Pre-K

37, 40, 43, 46, 50, 55, 62, 70, 70+

1st/2nd Grade

40, 43, 46, 50, 55, 62, 70, 80, 80+

Weight classes may be combined or adjusted as needed for girls

Registration will be through USA Bracketing: [Register Here](#)

- USA Wrestling Membership options are available at [www.usawmembership.com](http://www.usawmembership.com). Memberships will
- not be available for purchase onsite.
- \$35 Entry Fee
- Only full-time residents of the state of Iowa are eligible to compete. You must have current year
- USA Wrestling Athlete Membership
- Registration deadline is 10:00 PM, Dec 27 2025, or when maximum capacity is met.

## Schedule

**\*\*\* Weigh ins Sunday Jan 4th 8:00-8:30 am at Ankeny High School  
Wrestling to begin approximately 9:00 am**

## Coaches

- All coaches must have a coaches' pass to be in corner. Holding a current USAW Leaders card will get you into the event and a coaches band.

## Admission

Spectators: \$10 one day pass  
Children: Free

Tournament Director: Brett Wheelan  
[JuniorDirector@iowausawrestling.org](mailto:JuniorDirector@iowausawrestling.org)