



ALASKA USA WRESTLING (AUSAW) 2026 FOLKSTYLE, GRECO-ROMAN & FREESTYLE STATE CHAMPIONSHIPS



www.ausaw.org

April 30, May 1, May 2, 2026 ~ Curtis D. Menard Memorial Sports Center ~ 1001 South Clapp Street

OFFICIAL 2026 INFORMATION FORM

REGISTRATION PROCEDURE

Teams or Individuals need to be pre-registered through your Membership Account at USAWrestling.org by 10:00pm Wednesday, April 29th. **Online payment is due at the time of registration.** If you have questions about this procedure, please call Stacey Medeiros at 907-223-5841 or Bob Ottum at 907-227-9153 or Sarah Clausen at 907-671-0102.

There are four (4) separate tournaments so please be sure to choose the correct one(s). **Entry Fee is \$40.00 for each registered tournament.** Onsite Registration Entry fee is \$60.00 per tournament for wrestlers not registered at USAWrestling.org before 10:00pm Wednesday, April 29, 2026.

Step 1:

Go to <https://www.usawmembership.com/login> and sign into your account.
 Hover over "USAW Events" at the top of the screen. Click on "Event Registration"
 Change the "State" to Alaska, then click "Search Events"
 Click on the "Register" button for the Alaska USA Wrestling 2026 State Tournament
 Choose the profile of the wrestler being registered and proceed with the prompts

Step 2:

VERY IMPORTANT: Wrestler must bring USAW Athlete card to weigh in. Print wrestling card on paper.
No phones allowed in the weigh in area. A pairing official will use a barcode reader to scan the card to bring the registration up in the system's weigh-in kiosk.

NOTE: Only FREESTYLE & WOMEN'S FREESTYLE are available to 6U and 8U age divisions.

16U may double enter in Junior

2nd & 3rd year Juniors may double enter in Open

ALL girls may double enter in boys of their same age group

NO other double entry per tournament will be allowed

6U (Born 2020-2021)			Freestyle	
Women's 6U (2020-2021)			Freestyle-Women's	
8U (Born 2018-2019)			Freestyle	
Women's 8U (Born 2018-2019)			Freestyle-Women's	
10U (Born 2016-2017)	Folkstyle	Greco-Roman	Freestyle	
Women's 10U (Born 2016-2017)	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	
12U (Born 2014-2015)	Folkstyle	Greco-Roman	Freestyle	
Women's 12U (Born 2014-2015)	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	
14U (Born 2012-2013)	Folkstyle	Greco-Roman	Freestyle	
Women's 14U (Born 2012-2013)	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	
16U (Born 2010-2011)	Folkstyle	Greco-Roman	Freestyle	
Women's 16U (Born 2010-2011)	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	
Junior (Born 9/1/2006 & after plus enrolled in grades 9-12):	Folkstyle	Greco-Roman	Freestyle	
Women's Junior (same as above)	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	
Open=UWW Senior	Folkstyle	Greco-Roman	Freestyle	
Women's Open = UWW Senior	Folkstyle-Women's	Greco-Roman-Women's	Freestyle-Women's	Alaska Moms on the Mat

Directions: From Anchorage, take Parks Hwy. to Wasilla. Continuing North, drive approximately 2.5 miles past the Carrs/Safeway store and make a left turn on South Clapp Street.

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Daily Schedule

Thursday, April 30, 2026

10U - Open Folkstyle Tournament with women's brackets

Onsite registration & Weigh-in for Folkstyle: 7:00am–8:00am, Main Arena floor, 8 scales

This weigh-in will be used for all tournaments IF you have entered all tournaments.

Coaches/Officials Meeting & Folkstyle Clinic: 9:00am

Folkstyle Bracket changes up to 9:40am, Wrestling Tournament begins at 10:00am

USAW OEP Clinic: Required for those M3 officials who want to upgrade to M2 and open to all other coaches and officials. Start time TBD: within ½ hour of Folkstyle Tournament completion and no later than 7:00pm

Registration and Weigh-ins for all other tournaments: 6:00pm – 7:30pm: location within the venue – TBD, look for signs

All 6U & 8U Freestyle participants, 6U & 8U Women's Freestyle participants and Greco-Roman participants (10U – Open Divisions) **MUST** weigh-in Thursday night. Note: Greco participants can also weigh-in at this time for Freestyle on Saturday. Participants wrestling **only** Freestyle (10U-Open), Women's Freestyle and AMOM on Saturday (10U – Open) **MUST WEIGH IN FRIDAY NIGHT**

Friday, May 1, 2026

6U and 8U Freestyle Tournament & 6U and 8U Women's Freestyle Tournament

Greco-Roman Tournament 10U – Open with women's brackets

Doors Open 7:00 am ~ Coaches/Officials Meeting 8:00 am

Bracket changes up to 8:45am

**Wrestling Begins at 9:30am for the 6U and 8U Freestyle Tournament,
6U & 8U Women's Freestyle Tournament
and Greco-Roman Tournament**

**Registration and Weigh-ins: 6:00pm – 7:30pm: location within the venue – TBD,
look for signs**

10U – Open Freestyle & 10U – Open Women's Freestyle divisions wrestling on Saturday

Saturday, May 2, 2026

Freestyle & Women's Freestyle Tournaments: 10U – Open Divisions

Doors Open at 7:00am

Coaches/Officials Meeting 8:00am

Bracket changes up to 8:45am

Opening Ceremonies and Parade of Teams 9:00am

Wrestling Begins at 9:30am

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GENERAL INFORMATION

PLEASE NOTE: Once competitor's registrations have been received, there will be no refunds issued for any of the styles club members or individual members have registered for (unless there are extenuating circumstances).

ELIGIBILITY: All athletes must be a current member of USA Wrestling and meet age requirements. USA Wrestling cardholders who purchased their cards outside of Alaska USA Wrestling will be required to pay an additional \$10 AUSAW fee.

INDIVIDUAL AWARDS: Attractive medals to the top six placers in each weight class for Folkstyle Tournament, Freestyle Tournament, Greco-Roman Tournament and Women's Freestyle Tournament. Medals will be awarded each day after the tournaments are completed. (An exhibition match is REQUIRED for a bracket with only 1 wrestler to be awarded a medal)

TEAM AWARDS: The top 3 teams for Folkstyle, Greco-Roman & Women's Freestyle will receive plaques.

There will be 2 divisions of teams based on size for Freestyle.

Division I – Teams with 45 or more wrestlers registered for State Championship Tournament

Division II – Teams with fewer than 45 wrestlers registered for the State Championship Tournament

Plaques will be awarded in each division to the top three (highest points) teams in the Kids Division (6U – 14U) and the top three teams in the 16U - Open Division.

A Grand Champion (Freestyle) trophy will be awarded to the team with the highest points – 6U through Open Age Divisions in each Team division.

Triple Crown Belt Buckle: Will be awarded to the wrestler who places 1st in 3 state tournaments. Criteria: must be 3 or more wrestlers in each weight bracket and there must be at least 2 teams represented in each bracket.

RULES: The rules of the UWW, with current USA Wrestling modifications where applicable, will govern the event. Headgear is highly recommended but not mandatory for all ages. Wrestlers with braces are recommended to wear a mouthpiece. Folkstyle will use current National High School Coaches Association Rules with USA Wrestling modification and 15 minute resting period.

WEIGH-INS: Each athlete must weigh-in at the official weigh-ins wearing a competition singlet & submit to skin & nail checks at that time, see medical info.

Reminder: wrestlers must bring a paper copy of their USAW athlete card to weigh in

No phones allowed in the weigh in area.

1 parent/guardian may enter with 6U/8U wrestler. Otherwise, only wrestlers are permitted in weigh in area.

Thursday, April 30th WEIGH IN:

FOLKSTYLE Participants must weigh in Thursday morning. Wrestlers wrestling in all three (3) styles may weigh in at this time.

All 6U & 8U Freestyle, 6U & 8U Women's Freestyle and Greco-Roman (10U – Open) participants MUST weigh in Thursday night.

NOTE: Greco can also weigh in at this time for Freestyle on Saturday.

Friday, May 1st WEIGH IN:

10U - Open Freestyle & 10U – Open Women's Freestyle Divisions wrestling on Saturday ONLY – NO THURSDAY Weigh In.

If an out of town competitor is arriving later than the official weigh in, please contact the tournament director, Bob Ottum, at alaskausaw@gmail.com or call 907-227-9153. Bob Ottum is the **ONLY** person who can approve weigh ins outside of the posted times.

Competitors will be locked into the weight class they declare at the time of weigh in. If a wrestler chooses to bump up a weight class, officials must be told during the competitor's weigh in.

If Pairing Officials find there is only one person in a weight class, the wrestler will have the option of medaling with an exhibition match in that weight class **or** he/she will be allowed to bump up to the next weight class or Age Division which has more wrestlers, if applicable.

For more information, see AUSAW.org, AUSAW State tab: "AUSAW Pairing Procedures, Rules, and Guidelines"

2026 Age & Weight Divisions: Note- Alaska USA Wrestling adds 6U, DOB: 2020-2021, boys weights: 35lbs + 8U weights & girls weights: 35lbs + 8U weights

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PAIRINGS: Separation of wrestlers from the same club when possible. USAW PIN Separation Criteria will be applied using line brackets placing to 6th. Bracket type is based on the number of participants as follows: 1-4 = Round Robin, 5-8 = 8-man, 9-16 = 16-man, 17-32 = 32-man, 33-64 = 64-man

COACHING: Two (2) coaches maximum in each competitor's corner on the mat during a match. Coaches **MUST hold a current Wrestling Leader card, USAW Copper or higher** certification and a concussion training certificate to be in a corner. **Coaches with these credentials AND on their club approved list will be printed an AUSAW badge to access the floor. Coaches who lose their badges will be charged a \$25 reprint fee. Please attend the daily coaches' meetings.**

MAT ACCESS: Access to the wrestling area is limited to wrestlers, carded certified coaches, one person per corner with a video pass, and one parent escort per 6U and 8U. \$20.00 video wristbands will be available for purchase on site. The Video bands are good for all three (3) days of the tournament. Do not lose or remove them. Once a wrestler has wrestled, he/she will need to leave the wrestling area until the next match is assigned to a mat. All wrestling fans need to be in the stands and not in the wrestling area; a security team will be assigned to keep the wrestling area clear for the safety of our participants. Video bands are for active videoing of an upcoming wrestler. Just like the wrestler, you are expected to leave the floor after the match. **Video bands are NOT a floor pass**, please respect this, no loitering on the floor. Security staff will be in place to keep the area clear to keep our officials, coaches and wrestlers safe.

MEDICAL INFORMATION: Athletes must be prepared to submit to a skin disease screening prior to weigh in. The Head Official has full authority, with consult of onsite medical personnel, without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Head Official and Tournament Director, with consult of onsite medical personnel, whose decision is final and not subject to appeal.

Each age division will be assigned specific mats during the tournament.

TOURNAMENT T-SHIRTS/ CONCESSIONS/ HOSPITALITY ROOM: State tournament t-shirts will be available for sale by Northwest Designs all 3 days. A Concession stand and outside food trucks will be available all 3 days. There will be a hospitality room for **OFFICIALS AND CLUB COACHES approved by their club ONLY**. Admittance will only be allowed to those wearing Officials' shirts and coaches with AUSAW badges.

RV Parking available for a fee. Contact the facility directly for more information.