



PMJC Parent Code of Conduct

I, the parent/guardian of _____, agree
to the following: (Child/Children's Name)

1. I will remember that children participate to have fun and that the game is for youth, not adults. I will not force my child to join the football team or cheerleading squad.
2. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
3. I will learn the coaches' rules for the team or squad, and the policies of the PMJC Board.
4. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game or practice.
5. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will refrain from making negative or derogatory comments about the program, players, coaches, or other members of PMJC, in person or on social media.
8. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
9. I will teach my child to always do his/her best, follow all rules and I will praise my child for always putting forth her best effort.

10. I will require that my child treat other cheerleaders, players, coaches, officials and spectators with respect regardless of race, creed, color, gender, or ability.
11. I will not be negative or ridicule my child or other participants for making a mistake.
12. I will emphasize skill development and practices and how they benefit my child.
13. I will promote the emotional and physical wellbeing of my child and other athletes ahead of any expectations I may have for them.
14. I will respect the officials, coaches, volunteers, and PMJC Board members, and their authority during games/practices and will not question, discuss or confront coaches on the field, in practice areas, at competitions, or in front of others, but will take the time to speak with them at an agreed upon time and place.
15. I will abstain from use of drugs, alcohol, and tobacco while attending PMJC sporting events.
16. I will refrain from "coaching" my child from the bleachers during games and practices.
17. I will have my child at all games and practices on time and ready to perform unless there is an uncontrollable circumstance in which I will contact my child's coach personally, and notify him/ her of the situation. I also understand that there may be consequences if my child is late for practice or a game more than once.
18. I will never leave my child at a practice, game, or competition un-chaperoned, ensuring that they are under the supervision of their coach, team parent, or another designated parent if I am not present.
19. I will work cooperatively with my child's coach.
20. I understand that my child's coach is in charge of his/her team and has the authority to reprimand my child.
21. I will not post on any social media site with the intent to initiate, hurt, intimidate or humiliate any player, coach, official or spectator. The posting of negative, demeaning or derogatory comments will not be tolerated. As a parent, I understand that I am accountable for the actions of my child on social media sites. I will stress to my child the importance of proper conduct on these sites and provide parental oversight to prevent any type of cyber-bullying by my child.

Please Remember: All of our coaches are volunteers. They are donating their time and energy to ensure that each participant has a fulfilling season. Please respect their time and effort by being on time, courteous and helpful whenever possible.

I agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by Director, Board Member, Coach, or Official
- Written Warning
- Parental game suspension with written documentation of the incident kept on file.
- Parental season suspension
- Player season suspension

Any Physical contact made by one person on another person at any PMJC event, will result in an immediate suspension pending an investigation by the board. Assault will be defined as a punch, kick, slap, spit or any physical contact upon another person.

Removal from a team: If a child misses 4 practices or games overall without a valid reason or excused absence, or is consistently late, he/she will be removed from the team roster. A valid reason is defined as any uncontrollable circumstance that would hinder the participant from attending a practice or game. Excused absences are absences pre-approved by the coach, or absences related to family vacation, which have been approved by the Directors. Requests for absence due to vacation, must be submitted by the end of the first week of practice (set date each year).

Unexcused Absence/Tardy 1st – Warning from Coach, 2nd – Cheerleader/Player will sit out ½ the next scheduled game, 3rd – Cheerleader/Player will sit out the entire next game and coach will make a report to PMJC Board. 4th - Coach will make a report to PMJC Board and Cheerleader/Player will be removed from the team.

Player(s) Names: _____

Parent/Guardian Signature: _____

Date: _____

Please sign and return page 3 of this form to your child's coach no later than 08/07/2017