

SOCCER SKILLS PROGRAM

Spring 2026

Presented by the Town of Clay



Roxboro Road Middle School

(Outdoor Soccer Field) 300 Bernard St., Mattydale 13211

Tuesdays: 6-7:05pm

Ages: 5-14 years

Cost: \$110 for 5-weeks or \$195 10-weeks
(\$25 savings when signing up for both sessions prior to start date) includes 10 practices, jersey, gold medal

Session 1: April 14, 21, 28, May 5, 12

Session 2: May 19, 26, June 2, 9, 16

THE PROGRAM

The focus at this age is to make players more comfortable with the ball at their feet and introduce the game in a relaxed environment. Your child will learn the basic fundamentals of soccer in a fun, yet structured environment. The academy program philosophy is to emphasize player development and focus on technical skill development of each child. Practice is broken into stations incorporating dribbling, passing, trapping, shooting, ball skills, agility footwork, attacking & defending concepts into fun games. Our goal is to make sure all players become technically sound on the ball, so that they can spend their time managing the challenges in the game, not the challenges of the ball, thus making soccer more enjoyable to play. *Note: We incorporate a 20-minute scrimmage/game as a stand-alone station each weekly practice.*

PROGRAM DIRECTOR

Todd Cook- CNS Modified Boys Soccer Coach, Director of Men's Soccer Operations at Syracuse University 2015-2020, ACC Champions 2015, College Cup Final 4 2015, Program Director of the Northstars Soccer Club (2003-Present), USSF National C-License, Skaneateles Girls Varsity Soccer Head Coach (2012-2014), 2012 & 2013 OHSL Liberty League Champions & Coach of the Year, Le Moyne College Men's Soccer Player (1998-2001), Spain Soccer Tour 2018, England

For more info contact Todd toddjosephcook@gmail.com 315.415.0454

Follow us @facebook.com/NorthstarsSoccerClub

Register online @ Spring 1: <https://townofclay.recdesk.com/Community/Program/Detail?programId=924>
Summer 2: <https://townofclay.recdesk.com/Community/Program/Detail?programId=925>

Or by mail: Checks payable to: Town of Clay

Mail registration & payment to:

Town of Clay, Recreation Dept., 4401 NY-31, Clay, NY 13041

REGISTRATION FORM

Player Name _____

Age _____

Email _____

Jersey Size YS YM YL YXL AS AM

Phone # _____

Check Box: ☐ Session 1 \$110

Session 2 \$110 ☐

Both Sessions 1 & 2 \$195 ☐