

SUNDAY MORNING INDOOR SOCCER SKILLS PROGRAM

Presented by Northstars Soccer Club & Town of Clay- Recreation



Location: John A. Lally Athletic Complex,
(Syracuse University Former Manley Field House) 1077 Comstock Ave., Syracuse, NY 13244

Time: (5-7 years old 8:30-9:30am) (8-14 years old 9:30-10:30am)

Ages: 5-14 yo (Boys & Girls broken up into groups by age)

Cost: \$150 per 5-week Sessions or \$250 for all 10-weeks (save \$50 when signing up for both Sessions 1 & 2) *includes 10 turf practices, jersey, gold medal)*

Winter 2025- Sundays:

Winter Session 1: October 19, 26, Nov. 2, 9, 16 **Winter Session 2:** November 23, 30, Dec. 7, 14, 21

Your child will learn the basic fundamentals of soccer in a fun, yet structured environment. The academy program philosophy is to emphasize player development and focus on technical skill development of each child. Practice is broken into stations incorporating dribbling, passing, trapping, shooting, ball skills, agility footwork, attacking & defending concepts into fun games. *We incorporate a 20-minute scrimmage/game as a stand-alone station each weekly practice.*

Todd Cook- (Program Director) CNS Modified Boys Soccer Coach (Present), Director of Men's Soccer Operations at Syracuse University 2015-2020, ACC Champions 2015, College Cup Final 4 2015, Program Director of the Northstars Soccer Club (2003-Present), USSF National C-License, Skaneateles Girls Varsity Soccer Head Coach (2012-2014), 2012 & 2013 OHSL Liberty League Coach of the Year, LeMoyne College Men's Soccer (1998-2001), Spain Soccer Tour 2018

For more info contact: Todd @ toddjosephcook@gmail.com 315. 415.0454

Register online @ Winter Session 1: <https://townofclay.recdesk.com/Community/Program/Detail?programId=913>

Register online @ Winter Session 2: <https://townofclay.recdesk.com/Community/Program/Detail?programId=914>

REGISTRATION

Or by mail: Checks payable to Town of Clay: Send registration & payment to:

Town of Clay, Recreation Dept., 4401 NY-31, Clay, NY 13041

Player Name: _____ Age: _____ Cell # _____

Email: _____ Jersey Size (circle) YS YM YL YXL AS AM AL

Check Box: ☐ Winter Session #1 \$150 Winter Session #2 \$150 ☐



☐ Both Winter Sessions 1 & 2 (10 total practices) \$250 (\$50 savings when signing up for both Session 1 & 2 by 10/10/25)