

SHOULDER PAD FITTING/3

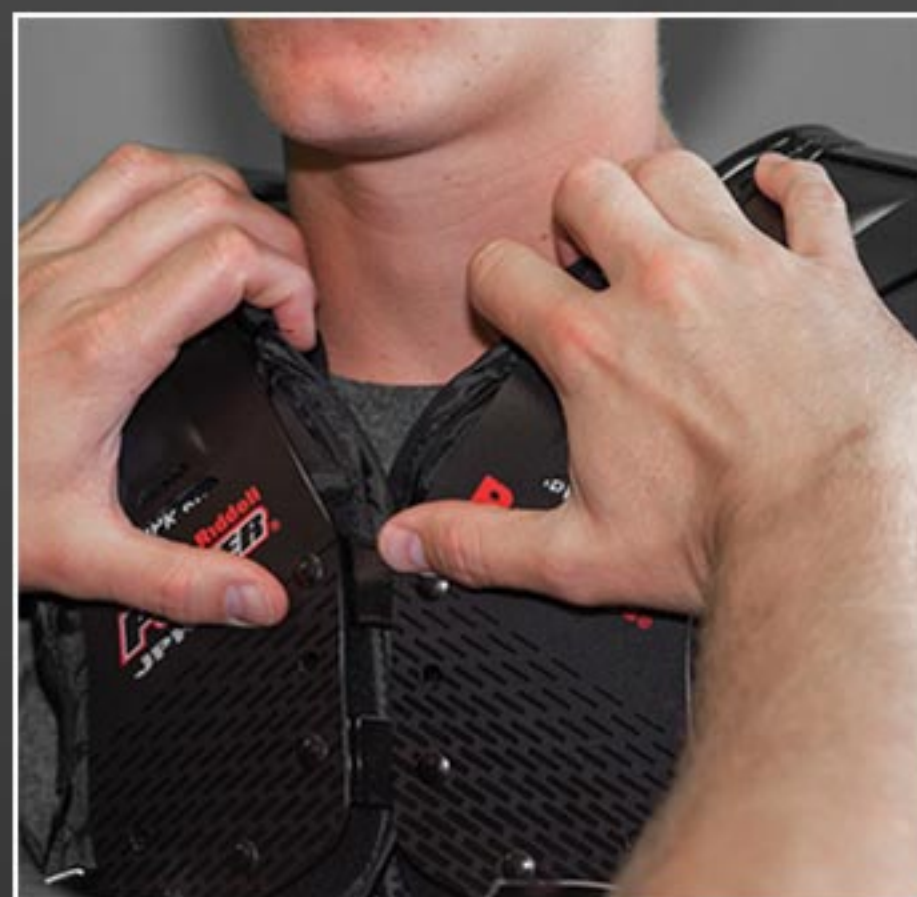
CHECK FIT



- Ensure there is no pinching in collar.
- Foam padding should be above tip of humerus (at least one-quarter inch).



FRONT COVERAGE



- Pads should cover sternum.
- Pads should cover front-upper shoulders.



BACK COVERAGE



- Pads should cover scapula.
- Pads should cover rhomboid.
- Confirm complete coverage.
- Confirm optimal range of motion.