

# HELMET FITTING/5

## CHIN STRAP



- Buckle top and bottom of chin strap into the snaps above and below ear holes.
- Cup should be centered and snug over the chin. Adjust chin strap until cup is firmly pressed against chin.
- When buckled, helmet should feel comfortable and snug.
- Chin straps are available in multiple size.



## TAKING OFF



- Unbuckle chin strap from bottom snaps.
- Place index fingers into ear holes.
- Press thumbs into bottom of jaw pads. Lift helmet up and off the head.