



# Supplement Facts

Serving Size 1 Stick Pack (10g)  
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	7 g	2%*
Sugars	7 g	**
Vitamin C (as Ascorbic Acid)	75 mg	125%
Magnesium (as Magnesium Citrate)	42 mg	11%
Zinc (as Zinc Aspartate)	2.25 mg	15%
Sodium (as Sodium Citrate)	330 mg	14%
Potassium (as Potassium Citrate)	180 mg	5%
Trace Mineral Blend	10 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Pure Cane Sugar, Crystalline Fructose, Citric Acid, Malic Acid, Natural Flavors, Stevia Reb A, Silicon Dioxide, Monk Fruit Extract, Beet Root (color)

# Nutrition Facts

Serving Size 11.6 fl oz (343 mL)  
Servings Per Container 1

Amount Per Serving	
<b>Calories</b>	80
	<b>% Daily Value*</b>
<b>Total Fat</b>	0g <b>0%</b>
<b>Sodium</b>	160mg <b>7%</b>
<b>Potassium</b>	45mg <b>1%</b>
<b>Total Carbohydrate</b>	21g <b>7%</b>
Sugars	20g
<b>Protein</b>	0g

Not a significant source of calories from fat, saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium, and iron.

\*Percent Daily Values are based on a 2,000 calorie diet.

WATER, SUGAR, DEXTROSE, CITRIC ACID, SALT, SODIUM CITRATE, MONOPOTASSIUM PHOSPHATE, GUM ARABIC, GLYCEROL ESTER OF ROSIN, NATURAL FLAVOR, YELLOW 5

Last updated on November 07, 2019.





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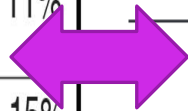
Other Ingredients: Pure Cane Sugar, Crystalline Fructose, Citric Acid, Malic Acid, Natural Flavors, Stevia Reb A, Silicon Dioxide, Monk Fruit Extract, Beet Root (color)

## Nutrition Facts

Serving Size - 8 fl oz (240mL)

Calories	60
Fat 0g	0%
Sodium 55mg	2%

Potassium 45mg	1%
Total Carbohydrates 16g	
Sugar 16g	
Protein	0
Vitamin 0g	







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# MOUNTAIN BERRY BLAST



# Nutrition Facts

Serving Size 1 Bottle

Amount Per Serving  
**Calories (Energy) 140**

	% Daily Value
Total Fat 0g	0%
Sodium 250mg	11%
Total Carbohydrate 35g	13%
Total Sugars 35g	
Includes 35g Added Sugars	69%
Protein 0g	
Potassium 60mg †	Niacin 30%
Vitamin B <sub>6</sub> 30%	Vitamin B <sub>12</sub> 60%
Magnesium †	

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

†Contains less than 2 percent of the Daily Value of these nutrients.

## ORAL REHYDRATION SALTS

### Production of the new ORS



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