

BASA INDOOR SOCCER RULES

Standard Rules for all Recreational Age groups U6-HS

BASA SOCCER AT THE CANLAN Sportsplex

1. U6 (KINDERGARTEN) and U7 (1st) and U9 (2nd/3rd) Field Size will be 40x32
2. U11, U14, and HS Field Size will be 60x40
3. U6/U7 size 3 soccer ball, U9-U11 size 4 soccer ball, U14-HS size 5 ball
4. Goal size will be 6x4.5 U6/U7, 6x18 U9-HS
5. U6/U7 4v4 no GKs with developmental rules, U9 will play 5v5 (4+GK), U11 will play 7v7 (6+GK) with Developmental Rules in effect
6. U14 and HS will play 7v7 (6+GK)
7. All U6/U7/U9 games will be 2x18 minute halves (1 minute half time). U11-HS games will be 40 minute running clock (no half time). It is extremely important that the games are on time, and players leave in a timely manner immediately after each game
8. REFEREES ARE RESPONSIBLE FOR HELPING KEEP THE FIELDS AND GAMES ON TIME AND MOVING.
Referees will start the clock at the scheduled start time so make sure your team is prepared to start on time.
9. Substitutions will be on the fly for all age groups. Please make sure the player who is leaving the field is completely off before the new player enters the playing area.
10. **U6/U7/U9/U11 DEVELOPMENTAL GUIDELINES**

a. ON ALL GOAL KICKS AND WHEN THE GOAL KEEPER MAKES A SAVE (goal keeper has possession) the team without the ball MUST DROP **BACK TO THE HALF LINE**. This will allow the team in possession a free pass to their team. Once GK passes to teammate or GK takes more than one touch with their feet, game is live and opponent can pressure the ball and enter the half. U6/U7 is dribble in or kick ins on all balls out of play (except Kickoff must be a pass). Developmental rule is in effect on all U6/U7 Goal Kicks (the ball is live once teammate touches if they pass or once they take second touch on a dribble in).

b. If a player on the opposing team enters the developmental area (the half) too early (prior to a player touching the ball on the GK team) an indirect free kick will be awarded to the team in possession.

*Note if the GK makes a save and quickly plays the ball out you do not need to worry about the opponents dropping but if the gk makes a save and takes his or her time to distribute the ball the referees should encourage the opponents to drop behind the half line to allow the play to build up.

c. U9/U11 GOALIES cannot punt the ball. They must look put it down to their feet and pass or throw. GK can play short to an unmarked and unpressured teammate or they can kick or throw it long (just no punting or drop kicks). U11 play is live on GOALIE release (opponent does not need to wait for 2nd touch)

12. U14-High School goalies MUST throw the ball or put down to their feet to pass short or long... NO PUNTING or DROP KICKS AT THIS LEVEL

a. If GK punts please give a warning first. Second time is indirect free kick for the opponent at the top of the box.

13. All balls that go out of bounds on the sidelines will be throw-ins at U9-HS. U6 /U7 will be dribble in or kickins for all restarts.

14. There will be no offside at U6, U7 or U9.

15. U11-HS offside will be called the same as outdoor soccer (@ the 1/2 line)

16. No slide tackling (indirect free kick for opponent).

17. If the ball hits the ceiling it is in an indirect kick at the spot it hit on the ceiling.

18. Each player should play at least %50 of playing time. (During indoor players should be subbing every 3 or 4 minutes)

19. **Lopsided Game Rule for all ages.** If a team is up by more than 4 goals (examples 4-0, 5-1) the opponent can add a player onto the field. Once the score gets within 3 goals the extra player is removed (so if it was 4-0 and team adds player and then scores and it is 4-1 now they must remove their extra player).

20. Both teams will stand on same side of field. Parents will view from track above. NO PARENTS ARE ALLOWED ON THE TURF, coaches and players only.

21. **U6, U7 and U9 Coaches will meet their team** downstairs by the team rooms at Canlan. Coaches are responsible for walking all players onto the field prior to kickoff and walking all players up to the lobby after the game for parent pickup. Players and coaches should arrive 15 minutes prior to kickoff.

22. U11, U14 and HS coaches will meet their teams at the back of the Canlan track and will exit and enter the field there (BACK STAIRS ON THE BACK SIDE OF UPPER TRACK)

23. All other BASA outdoor rules will be in effect for Indoor. BASA will not tolerate unsportsmanlike behavior and the referee has the final say. Please respect the game, the coaches, the referees, and your opponents.

24. NO OUTSIDE FOOD OR BEVERAGES ARE ALLOWED IN Canlan, water ONLY.

25. Players need to be dressed in full NEW BASA INDOOR jersey (will be distributed week 1 to all players), black socks and black soccer shorts. All players can wear their outdoor cleats or indoor turfs.