BASEBALL PITCHING CAMP

Choose from one of two identical sessions

Session 1: Nov. 2, 9 & 16

Session 2: Nov. 30, Dec. 7, & 14

Cost: \$50 (Res) / \$65 (Non-Res) Register at www.prbaseball.com

SPLIT BY GRADE LEVEL



GRADES 1-2

6:00-7:00 pm



GRADES 3-4

7:00-8:00 pm



GRADES 5-8

8:00-9:00 pm



BRAND NEW FACILITIY

Bring your glove and gym shoes to the turf at the new Oakton Sports Complex







IN PARTNERSHIP WITH THE WHITE SOX

The White Sox Pitching Camp will start you down the road to learning the pitching mechanics that all great pitchers use! Even if pitching is not in your plans, throwing correctly is critical to becoming a good player. Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed for Little League to the Big Leagues. The White Sox Pitching Camp will teach you that process.

