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ZEE SMITH COMPLETES U.S. SOCCER GRASSROOTS COACHING CLASS

FREDERICKSBURG, Va.—Last Fall Zee Smith, a U12 coach in Fredericksburg FC's Recreation Program, completed the U.S. Soccer 9v9 Grassroots class to further her education and continue to help her be able to better serve her players.

The \$25 online coaching class is one of many offered by U.S. Soccer for coaches at the grassroots level.

Smith said finding and registering for the class was easy and straightforward.



"I liked that all of it was online so I could pause the testing and didn't have to do it all in one sitting, this made it easy to balance with work and live coaching," she expressed. "It was informative and thorough and I'm glad I did it."

As FFC is always trying to provide for its coaches and players at all levels, the club reimbursed Smith for her initiative to expand her level of knowledge.

Recreation Director Adrian Batchelor said doing things like this is a great way to not only promote FFC's recreation program, but also continue to emphasize the beliefs of the Go FFC! Go Navy! Go Blues! Scholarship Fund.

"Peter Armatis had the mindset, like many of us at FFC, to not only grow the social and soccer skills of our players, but also our coaches," Batchelor said. "We would like to get all of our coaches, whether they are at the travel, academy or recreation level, to take the initiative to educate themselves with these low-cost online grassroots classes offered by U.S. Soccer for the greater good and support of soccer in our local community."

U.S. Soccer offers these classes for 4v4, 7v7 and 11v11. Once the classes are completed, they provide proof of enrollment and payment, as well as completion.

Batchelor said FFC will continue to reimburse any of the club's coaches who take and complete any of the grassroots classes offered.

For more information on this or the FFC Recreation Program you may reach Recreation Director Adrian Batchelor at recreationdirector@fredericksburgfc.org.

About Fredericksburg Football Club

Based in Fredericksburg, Va., Fredericksburg FC, established in 1986, is one of the largest and oldest youth travel soccer clubs in Central Virginia. FFC U9-U19 travel teams compete in the top leagues in Virginia, Maryland and the Northeast Region, along with collegiate-level programming that competes in CCL Pro23. FFC travel teams compete in the highest level of national showcase events and tournaments offered in the United States. The club also offers an Academy Program for players ages U4-U8 and a Recreational Program for U8-high school players. More www.fredericksburgfc.org.