



FOR IMMEDIATE RELEASE

CAJINA NAMED FREDERICKSBURG FC 2010 GIRLS HEAD COACH

FREDERICKSBURG, Va. (Friday, June 21, 2019)—Fredericksburg FC would like to announce Jacqueline Cajina as the club's new 2010 Girls head coach for the upcoming 2019-20 season after serving as an assistant coach with the club in the Spring.

Cajina is a native of San Diego, Calif., who currently resides in Stafford County with her husband and three children. She is a graduate of the University of San Diego with a bachelor's degree in history.

Prior to joining FFC in the Spring, the 32-year old built a coaching resume while coaching girls soccer at West Valley High School and Roosevelt Junior High School, as well as with Juventus FC Girls, USD College ID Camp and San Diego Jr. Sockers Rec. All of which are based in Southern California. Cajina will be looking into furthering her coaching education through the various options available.

Coach Jackie has a playing career that began as a youth with the San Diego Surf, as well as being a member of state cup champion California South, the ODP Far West Region champions and ODP USYS champions. Her playing career continued at the University of San Diego, with the Women's Premier Soccer League's San Diego Sunwaves/United and with the Mexican Women's National team.

"My goal is to encourage kids to be self-directed learners, develop technically and be confident in their skills on the field," Cajina said.

FFC Executive Director Grover Gibson said Cajina has shown in her short time with the club that she will be a quality addition to the head coaching staff.

"Jackie has a solid playing background, both at the collegiate and international level, which will compliment the current staff extremely well," Gibson said. "This has been a steady process since she has joined the club assisting in various roles. When I first spoke with Jackie, this was something she was excited about pursuing and it simply took a bit of time until we could move toward finding her a head coaching position within the club."

About Fredericksburg Football Club

Fredericksburg FC is the largest soccer club in Central Virginia, offering various youth programs from U4-U18, as well as Men's and Women's CCL Pro23 and NPSL teams. To learn more about FFC and its programs, please visit the club's website at www.fredericksburgfc.org.

