

U19 WNT CALL-UP A BONUS FOR WELL-GROUNDED ROBBINS

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FREDERICKSBURG, Va. (Monday, Feb. 26, 2018) - Fredericksburg FC U19 and Women's Premier Soccer League (WPSL) alumna, Clara Robbins, who received a call-up from the [U18 U.S. Women's National Team](#) just days after tearing her ACL in 2016, has come back better than ever ([More on her recovery here](#)).

The rising red-shirt sophomore recently received another call-up, this time from the U19 U.S. WNT. She, and other call-ups, attended a camp in Lakewood Ranch, Fla., from Jan. 10-17.

It was just an added bonus in a process Robbin set for herself after missing out on the previous call-up due to her injury.



“Honestly, getting a call to a national camp was the last thing on my mind. After tearing an ACL almost two years ago, it still feels like I'm recovering from that injury, both physically and mentally,” said Robbins, who notched a team co-leading five assists in her first season on the field for Florida State in 2017. “Having missed out on the previous invite just after the injury, I decided then that I couldn't focus on what I was missing out on, but only focus on what I needed to accomplish on a day-by-day basis to reach 100 percent recovery. So it was definitely a surprise to get that email out of the blue!”

While the invite to the camp was great, it won't distract Robbins from working toward her goals . . . Playing an ACC- and national-power like the Seminoles, which has many other players who are also involved their international teams, won't allow it.

“Once I left the camp and was back on campus with my teammates, it was back to business and focusing on doing work with my team,” she said. “Being one among many just emphasizes the need to keep working hard and striving to always be better.”



All the players at the camp are also age-eligible to compete in this summer's U20 Women's World Cup in France. It would be "a dream come true" for all who were in attendance at the camp, but that possibility will not get the versatile Robbins sidetracked on her goals.

"My main focus is what I need to accomplish at Florida State academically and definitely working towards a National Championship with my team."



Robbins has a good head on her shoulders and a great support system that has, and will always be, an important part of her story as it continues to be written.

"The biggest factors for me have been to never give up, never be too comfortable, and to surround myself with people who continually love and support me," she expressed. "I could not be where I am today without family, friends, teammates, coaches, trainers who continually challenge me and encourage me."