

Operational Plan for South Boise Little League Spring 2021

The following safety rules are a combination of guidelines of Little League International, Little League District II, the State of Idaho, CHD, CDC, Boise School District and the City of Boise keep our kids, parents and umpires safe. These guidelines will be amended as state and local guidelines are updated. South Boise Little League Fields include those located at Liberty Park, Red Rock Christian Church, West Jr. High, and Borah High School.

1. Teams must monitor players, coaches and volunteers for signs and symptoms of COVID. All individuals (including coaches, players, and families) who have tested positive for or are showing COVID-19 symptoms and close contacts should stay home and monitor their health.

Close contact- someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated. Close contacts must quarantine and monitor for symptoms for 10 days following the date of exposure an

Any individual who **tests positive for or is showing symptoms of COVID** should isolate for 10 days and is not permitted to return to SBLL activities until all of the following have been met:

- 10 days since symptoms first appeared **AND**
- 24 hours with no fever without the use of fever-reducing medications **AND**
- Other symptoms of COVID-19 are improving*

*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

Symptoms of COVID-19

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

2. Masks must be worn at all South Boise Little League Fields by coaches, volunteers, and spectators any time social distancing cannot be maintained. Prior to any team activities it is required by coaches to ensure that each player and volunteer has a mask available to use. Extra masks will be available for distribution if needed.

3. The City of Boise restricts social gatherings. As a result, spectators are not allowed at South Boise Little League Fields during games and practices. To comply with city restrictions, we ask parents to limit attendance when dropping off and collecting their player(s). We encourage spectators to view the games and practice from their park cars.
4. Restriction on distancing as listed, but not limited to, under guideline #3, will be clearly displayed at www.southboisell.com and will be emailed timely to all parents as changes to the guideline occur.
5. Use sanitizer, disinfectant wipes etc. Teams will have sanitizer available at practices and games and will be used frequently by coaches, volunteers and players.
6. Players should be limiting their use of shared equipment. Players are encouraged to have their own gear: (helmets, batting gloves, bats, gloves.). If equipment is needed, let coaches know and they can provide equipment. Although sharing equipment is discouraged, any shared equipment will be sanitized once an inning by coaches and volunteers.
7. Players and volunteers should have a coordinated and organized effort when entering and exiting at all SBLL Fields. During games, the visiting team players and volunteers will exit the field first and then home team and volunteers. One-way traffic will also be maintained in the dugouts to enhance player spacing. For practices, player equipment will be separated by a minimum of 6 ft at all times and be placed outside the dugout along the left and right field fencing.
8. There should be and will be NO team handshakes, fist bumps, or huddles. After each game we will acknowledge the respect of the game, our opponents, and our officials by lining up on the foul lines and tipping our caps.
9. Family and other fans who are vulnerable individuals are encouraged to stay home (e.g. those who have a weakened immune system, those over the age of 60 years, those with chronic health conditions [e.g. heart disease, lung disease, diabetes], or other COVID-19 risk factors).
<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html>
10. All SBLL players, parents, coaches, volunteers, and spectators will be required to comply with the prevailing guidelines or be asked to leave and not to participate in future activities.