



U8 RULES OF PLAY.

INCLUDING THE PLAY OUT LINE

U8

4v4 Standards of Play

Size 3 ball

4 v4 (no goalkeepers)

Goal size 4 x 6

Box 8 x 8

Player cannot stand in box at any time

Shin guards are required

Substitutions are unlimited and can occur at any time

5 minute breaks between quarters

Playing times can be less than 10 minutes when managed by the coaches and parents

No penalty kicks

No offside

Corner Kicks

Goal Kicks

No Cherry Picking

All indirect

No 2nd try on throw ins

All players above build out line on goal kick. The ball must pass build out line to play. All players forward of line on attack when goal scoring.