

# Hamilton Little Lads Basketball



## **Program Preparedness Plan** **Covid-19 Policies and Procedures**

2021-2022 Season

Version 1.0  
Revised 8/24/2021

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## Revision History

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8/5/2021	Edwards	0.1	<ul style="list-style-type: none"> <li>Initial draft</li> </ul>
8/16/2021	Edwards	0.2	<ul style="list-style-type: none"> <li>Added mask requirements back in</li> </ul>
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## **Introduction**

As per the Hamilton Twp School District's Covid-19 related requirements for outside organizations using school district facilities, Hamilton Little Lads Basketball has created a plan outlining how these requirements will be met. The following document describes the policies and procedures that Hamilton Little Lads Basketball will follow for the 2021-2022 youth basketball season.

It is understood that as the Covid-19 pandemic continues to evolve, these requirements may change during the course of our season. We will update this document, as necessary, to address these changes.

## **General Best Practices**

In all cases, a “common sense” approach shall be taken to avoid the contracting and spreading of the Covid-19 virus. This includes frequent hand washing with soap, using hand sanitizer in between washing hands, avoiding touching your face, proper social distancing, and wearing a mask when proper social distancing isn't possible.

We strongly encourage everyone who is eligible to be fully vaccinated against Covid 19. While certainly not 100% effective against contracting or spreading Covid 19, it is a significant step in reducing the probability of spread and the severity of potential symptoms.

If anyone exhibits any symptom of Covid-19 (including a temperature of 100.4 or higher), or is just not feeling well in general, they shall stay home and not engage in any league activity until they haven't exhibited any symptoms in a 48 hour period.

Further, if anyone associated with the league tests positive for Covid-19, it is expected that the league will be notified immediately so we may notify anyone who may have come in contact with the virus at a league activity. To ensure privacy, at no time will the infected person's name be included in any communication.

Anyone who has knowingly come in contact with someone who has tested positive for Covid-19 shall not participate in any league activities for 10 days or until a negative PCR test has been confirmed and no symptoms are present.

All state guidelines regarding out of state travel, if any, should be closely followed.

Finally, if a player, coach, or league official tests positive for Covid-19, they will be prohibited from participating in any league activity for a period of 10 days following the positive test regardless of when symptoms began. A negative PCR test will be required to return to any league activities.

## **Enforcement**

The Hamilton Little Lads Basketball Board of Directors, at all times, takes the responsibility of providing a safe environment for our youth basketball program very seriously. Now, more than ever, we need to rely on ALL league members to help enforce these, and all league policies and procedures.

Strictly following these Covid-19 related policies and procedures will be a requirement included in the league's Code of Conduct. Repeat or serious violations will be treated as any other violation of our Code of Conduct and could result in removal from league activities. For the purposes of this plan, wearing a mask is defined as completely covering the mouth and nose.

Regardless of your feelings toward Covid-19, these are the guidelines that we must work within. If they are not followed, there is no season for anyone. If you are not comfortable with the policies and procedures as outlined in this document, or, conversely, you feel that we are not going far enough, we respectfully suggest that you take this season off.

## **Team Practices**

Practices will be scheduled at various public schools as in previous seasons. Each practice will be scheduled for one hour as in the past, and in some instances, two teams will be scheduled at the same location at the same time. The following guidelines shall be followed at all times:

### **Pre-Practice**

- Parents shall conduct a temperature check of their child and complete a Google Forms questionnaire confirming the child is in good health prior to attending practice.
- Coaches shall conduct a temperature check and complete a Google Forms questionnaire confirming they are in good health prior to attending practice.
- No player or coach shall attend practice if they are not feeling well, have a temperature of 100.4 or higher, or is exhibiting any symptoms of Covid-19.
- By letting their child attend and participate in practice, parents are implicitly stating that the child is feeling well, has a temperature under 100.4, and is not exhibiting any symptoms of Covid-19.
- By attending practice, a coach is implicitly stating that they are feeling well, has a temperature under 100.4, and is not exhibiting any symptoms of Covid-19.
- Attendance lists will be available in the event contact tracing is necessary.
- Players are NOT to enter any school until the time the practice is scheduled to begin.
  - For example, if a practice is scheduled for 6:00 pm, the players may not enter the school until 6:00 pm.
- Masks shall be worn entering schools and gyms.

### **During Practice**

- All practices MUST end five minutes prior to the scheduled time.
  - For example, if a practice is scheduled until 7:00 pm, activities must end at 6:55 pm and everyone (players and coaches) must exit the school immediately.
  - This includes 8:00 practices. Schools must be cleared by 9:00 pm.
- At no time shall teams overlap in a school (unless splitting use of a gym).
- Scrimmages with other teams is NOT permitted.
- Players shall not under any circumstances drink from the same container.
- Players shall not share any personal items such as head or wrist sweat bands, towels, etc.
- Coaches are encouraged to use small groups during practice and focus on individual skills as much as possible.
- Coaches shall have a mask/face covering when in close contact with a player unless the coach is vigorously participating in the practice.
- Coaches shall wear a mask when in close contact with a player unless the coach is vigorously participating in the practice.
- Parents staying at practices shall wear a mask at all times when in the school.
- Pinnies, if used, shall not be shared.
- All school specific requirements MUST be followed at all times.
- Masks shall be worn exiting schools and gyms.

## **Games**

General guidelines for all games, regardless of location, are listed in this section. Guidelines specific to a particular school are listed under the appropriate section below.

### **Pre-Game**

- Parents shall conduct a temperature check of their child and complete a Google Forms questionnaire confirming the child is in good health prior to attending games.
- Coaches, referees, and league officials shall conduct a temperature check and complete a Google Forms questionnaire confirming they are in good health prior to attending games.
- No player or coach shall attend a game if they are not feeling well, have a temperature of 100.4 or higher, or is exhibiting any symptoms of Covid-19.
- By letting their child attend and participate in a game, parents are implicitly stating that the child is feeling well, has a temperature under 100.4, and is not exhibiting any symptoms of Covid-19.
- By attending a game, a coach, referee, or league official is implicitly stating that they are feeling well, has a temperature under 100.4, and is not exhibiting any symptoms of Covid-19.
- Attendance at games will be limited to players, coaches, league officials, and players' immediate family (including grandparents). Extended family members will not be permitted to enter the gyms.
- All games will be scheduled to allow enough time between games so there is no overlap between players leaving and players arriving.
- Players shall not enter a school until 15 minutes prior to the scheduled start of their game and shall not enter the gym until instructed.
- Upon arrival at the school, every person (players, coaches, referees, scorekeepers, and league officials) will be required to check in, validate that the pre-screening has been completed, and have their temperature taken prior to entering the gym.
- Attendance lists will be available in the event contact tracing is necessary.
- Anyone with a temperature of 100.4 or higher will not be permitted to enter the gym.
- Masks shall be worn exiting schools and gyms.

### **During Games**

- Coaches, scorekeepers, league officials, and spectators are required to wear a mask at all times.
- Players shall not drink from the same container.
- Players shall not share any personal items such as head or wrist sweat bands, towels, etc.
- Players shall wear a mask when not in the game or warming up.
- Hand sanitizer will be available at the scorer's table.
- Referees and coaches shall use hand sanitizer regularly throughout games.
- All school specific requirements MUST be followed at all times

### **Post-Game**

- There will be NO handshakes after games.
  - Instead, each team will assemble at the top of the three point arc in front of their bench and acknowledge the opposing team in a gesture of good sportsmanship (wave, salute, thumbs up, etc.).
- Coaches must ensure that their bench area is completely cleared of all empty bottles and that no personal belongings are left behind.
- Players MUST exit the gym and school immediately upon completion of the game.
  - Teams will exit the gym together. The coach will be responsible for escorting the entire team out of the school and ensure that all players are picked up.
- The gym must be cleared prior to letting the players for the following game enter.

## Conclusion

Our knowledge of Covid-19 is constantly evolving. Local conditions are constantly changing. What is considered to be a “best practice” today may not be tomorrow. This is a “living document”. It will continuously be reviewed and updated, as necessary. Any significant changes will be communicated immediately through our usual platforms (email, website, Facebook).

We all need to be understanding, considerate, and flexible to make this work. We are in this together. We'll get through this... we'll figure things out as we go if necessary. We've been given a whole bunch of lemons, and together, we're going to make the best lemonade possible!

## Appendix – Schedule of School Use

In general, we will be using the Hamilton Twp. School District gyms from early January to mid-March. Listed below are the nights we will be using each school. It is understood that schools may not be available at certain times due to school events.

### **Crockett Middle School** (10/2/21 through 3/12/22)

- Monday, Tuesday, Wednesday, Thursday (6:00 pm to 9:00 pm)
- Saturday (8:00 am to 9:00 pm)
- Sundays 1/16, 1/23, 1/30, 2/13, 2/20 (8:00 am to 9:00 pm)

### **Grice Middle School** (10/15/21 through 3/12/22)

- Friday (6:00 pm to 9:00 pm)
- Saturday (8:00 am to 9:00 pm)
- Sundays 1/16, 1/23, 1/30, 2/13, 2/20 (8:00 am to 9:00 pm)

### **Nottingham High School** (11/13/21 through 3/12/22)

- Saturday (12:00 pm to 9:00 pm)
- Sundays 1/16, 1/23, 1/30, 2/13, 2/20 (12:00 pm to 8:00 pm)

### **McGalliard Elementary School** (10/14/21 through 3/4/22)

- Thursday, Friday (6:00 pm to 9:00 pm)

### **Sayen Elementary School** (10/11/21 through 3/10/22)

- Wednesday, Thursday, Friday (6:00 pm to 9:00 pm)

### **University Heights Elementary School** (10/12/21 through 3/4/22)

- Tuesday, Friday (7:00 pm to 9:00 pm)

### **Wilson Elementary School** (10/11/21 through 3/9/22)

- Monday, Tuesday, Wednesday (6:00 pm to 9:00 pm)