NWAYBA - Game Rules Quick Reference – 2022 Basketball Season (rev 11.6.2022)

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|  | **Rookies (Co-ed and Girls)** | **Junior Girls** | **Junior Co-ed** | **Senior (Co-ed and Girls)** |
| **Ball Size** | 27.5 | 28.5 | 28.5 | 28.5 |
| **Time of Game** | Four (4) ten (10) minuteQuarters. | Four (4) ten (10) minute Quarters. | Four (4) ten (10) minute Quarters. | Two (2) twenty (20)minute halves |
| **Clock** | Running clock, except timeouts, clock stops on whistle in last two minutes of game. | Running clock, except timeouts, clock stops on whistle in last two minutes of game. | Running clock, except timeouts, clock stops on whistle in last two minutes of game. | Running clock, except timeouts, clock stops on whistle in last two minutes of game. |
| **Substitutions** | A1 may never substitute for B players. Refer to "4v4 special rules" | A1 may never substitute for B players. Refer to "4v4 special rules" | A1 & A2 may never substitute for B players. Refer to "special rules" | Each player should play at LeastTen (10) minutes during each half. |
| **Halftime** | 3 minutes | 3 minutes | 3 minutes | 3 minutes |
| **Timeouts** | Two (2) timeouts in each half. Timeouts are 30 seconds each.  | Two (2) timeouts in each half. Timeouts are 30 seconds each. | Two (2) timeouts in each half. Timeouts are 30 seconds each. | Two (2) timeouts in each half. Timeouts are 30 seconds each. |
| **Overtime** | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. |
| **Players to Avoid Forfeit** | No minimum, so long as substitution rules can be followed. | No minimum, so long as substitution rules can be followed. | No minimum, so long as substitution rules can be followed. | 4 |
| **Lane Violation** | Five (5) seconds. Two (2) Warnings and stop play to explain rule. Enforce violation after two | Five (5) seconds. | Five (5) seconds. | Three (3) seconds |
| **Free Throw Lineup & Release** | No free throws. | Follow NFHS rules. Players can enter lane once ball is released from shooters hand. | Follow NFHS rules. Players can enter lane once ball is released from shooters hand. | Follow NFHS rules. Players can enter lane once ball is released from shooters hand. |
| **Free Throw Line** | No free throws. | Regulation free throw line (15 Feet from the baseline). Juniors must have some part of either foot touching the free throw line. No penalty for crossing free throw line or landing in lane as a result of shooting a free throw | Regulation free throw line (15 Feet from the baseline). Juniors must have some part of either foot touching the free throw line. No penalty for crossing free throw line or landing in lane as a result of shooting a free throw | Regulation free throw line (15 feet from baseline) |
| **Bonus Free Throws** | No free throws.  | No bonus. Free throws only on shooting fouls.  | No bonus. Free throws only on shooting fouls.  | 1 and 1 bonus free on 7th foul. 2 Shots on 10th foul. (carry over to OT) |
| **3 Point Shots** | Shots taken and made outside of the 3 point line are 3 points. | Shots taken and made outside of the 3 point line are 3 points | Shots taken and made outside of the 3 point line are 3 points. | Shots taken and made outside of the 3 point line are 3 points. |
| **Defensive Restrictions** | No Zone, No Backcourt. Double- Teaming only once one (1) foot in the lane. | No Zone, No Backcourt. Double- Teaming only once one (1) foot in the lane. | No Zone, No Backcourt. Double- Teaming only once one (1) foot in the lane. | All defenses are allowed. No press defense if ahead by 10 or more points |
| **Offensive Restrictions** | No screens/picks |  |  |  |

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|  | **Advanced Seniors Girls** | **Advanced Seniors Co-ed** | **High School** |
| **Ball Size** | 28.5 | NFHS Official | NFHS Official |
| **Time of Game** | Two (2) twenty (20) minute halves | Two (2) twenty (20) minute halves | Two (2) twenty (20) minute halves |
| **Clock** | Running clock, except timeouts, clock stops on whistle in last two minutes of game. | Running clock, except timeouts, clock stops on whistle in last two minutes of game. | Running clock, except timeouts, clock stops on whistle in last two minutes of game. |
| **Substitutions** | Each player should play at Least ten (10) minutes during each half. | Each player should play at Least ten (10) minutes during each half. | Each player should play at Least ten (10) minutes during each half. |
| **Halftime** | 3 minutes | 3 minutes | 3 minutes |
| **Timeouts** | Two (2) timeouts in each half. Timeouts are 30 seconds each. | Two (2) timeouts in each half. Timeouts are 30 seconds each. | Two (2) timeouts in each half. Timeouts are 30 seconds each. |
| **Overtime** | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. | One (1) two (2) minute overtime. Game ends in tie after OT period (unless tournament).One (1) 30 second timeout. |
| **Players to Avoid Forfeit** | 4 | 4 | 4 |
| **Lane Violation** | Three (3) seconds | Three (3) seconds | Three (3) seconds |
| **Free Throw Lineup** | Follow NFHS rules | Follow NFHS rules | Follow NFHS rules |
| **Free Throw Line** | Regulation free throw line (15 feet from the baseline). | Regulation free throw line (15 feet from the baseline). | Regulation free throw line (15 feet from the baseline). |
| **Bonus Free Throws** | 1 and 1 bonus free on 7th foul. 2 shots on 10th foul. (carry over to OT) | 1 and 1 bonus free on 7th foul. 2 shots on 10th foul. (carry over to OT) | 1 and 1 bonus free on 7th foul. 2 shots on 10th foul. (carry over to OT) |
| **3 Point Shots** | Shots taken and made outside of the 3 point line are 3 points | Shots taken and made outside of the 3 point line are 3 points | Shots taken and made outside of the 3 point line are 3 points |
| **Defensive Restrictions** | All defenses are allowed. Nopress defense if ahead by 10 or more points | All defenses are allowed. No press defense if ahead by 10 or more points | All defenses are allowed. No press defense if ahead by 20 or more points |