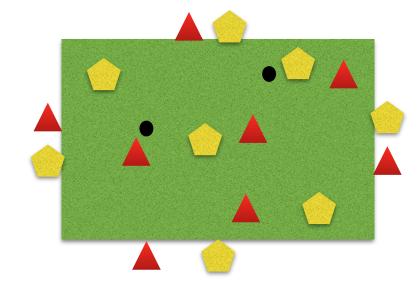
Possession - how and why

Preview

• Possession - why?

Warmup

- Each team has ball
 - · Unrestricted play and move
 - · Two touch
 - One touch to come on
 - · Combo to come on
- · Possession game
 - Score with possession
 - Can add restrictions as above
 - · Score by combo on



• 2+4v4+2 w/GK support to small goals

- Wide players and GK two touch
- No pressure on wide players/GKs
- Add pressure allowed on GKs
- · Lift small goals, go to large goals
- Scoring:
 - 1 point for a goal
 - 1 point for 5 passes

