



**Model Training Session
Crossing & Finishing
Presented by Chad Moore
December 2016**

The focus of the Progressive Session will be on the players using the inside of their feet to pass and receive the ball. A majority of the coaching points will be technical in nature and activities will allow for player to have many repetitions to pass and receive the ball.

Crossing Coaching Points:

- Technique of passing (a “cross” is a pass)
- Choice of service – on the ground, driven, lofted

Finishing Coaching Points:

- Technique of finishing (finishing vs shooting)
- Timing and shape of runs

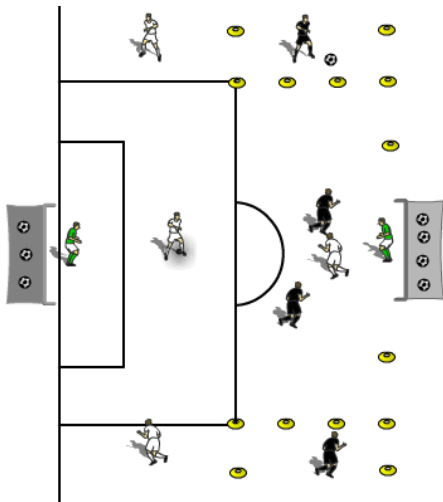
Principles of Attack

- Penetration (shoot, pass, dribble)
- Support
- Create space

Warmup

FIFA 11+

Chipping/Driving Game



2v1 w Servers to Goal (44 yards wide + channels x 36 yards long)

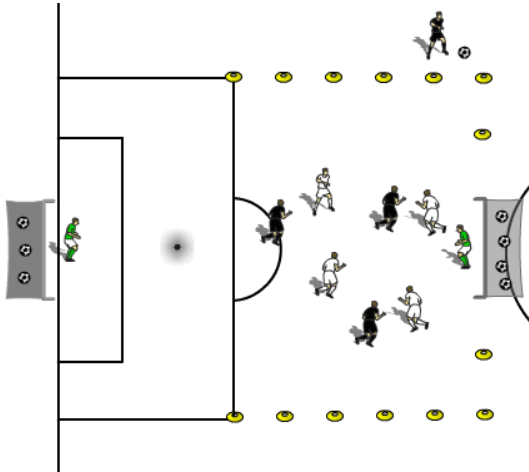
Goal must be scored directly from a cross

If goal is scored or ball leaves the area, restart from GK

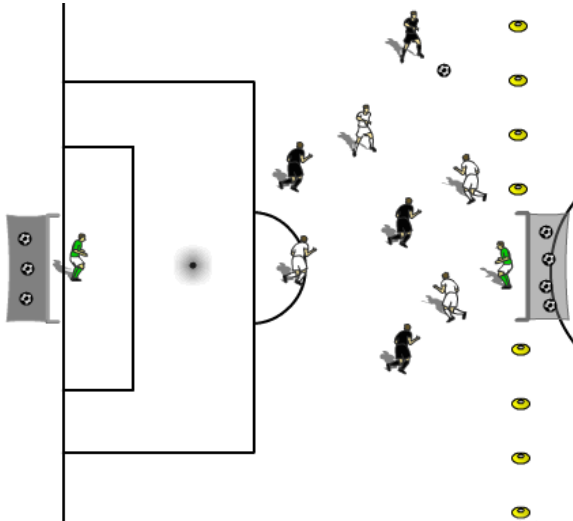
Both field players can enter attacking-half; only one field player can enter defending-half

Potential adjustments:

- Require man-marking throughout
- Limit touches
- Change service location



5v5 to Goal (44 yards wide + channels x 50 yards long)
 Ball must be played into the flank prior to a goal being scored
 Score 3 points if directly from a cross



5v5 Scrimmage (44 yards wide x 50 yards long)
 No restrictions

