



**BOYS & GIRLS CLUB  
OF THE BERKSHIRES**

---

# Camp Russell

## COVID – 19 CONTROL PLAN

*Updated last 3/26/21*

<b>Background.....</b>	<b>1</b>
<b>Staffing &amp; Operations.....</b>	<b>1</b>
<b>Camp Closing.....</b>	<b>1</b>
<b>Staff Absences.....</b>	<b>1</b>
<b>Staffing &amp; Orientation.....</b>	<b>1-2</b>
<b>Social Distancing &amp; Group Size.....</b>	<b>2-3</b>
<b>Hygiene &amp; Handwashing.....</b>	<b>3-4</b>
<b>Personal Protective Equipment &amp; Face Masks/ Covering.....</b>	<b>4</b>
<b>Screening &amp; Monitoring.....</b>	<b>4-6</b>
<b>Isolation &amp; Discharge.....</b>	<b>6-8</b>
<b>Cleaning, Disinfecting &amp; Sanitizing.....</b>	<b>8-13</b>
<b>Transportation &amp; Travel.....</b>	<b>13</b>
<b>Food Service &amp; Safety.....</b>	<b>13-14</b>

The below outlines requirements set forth in the Massachusetts Child and Youth Serving Programs Reopen Approach: Minimum Requirements for Health and Safety (MRHS) issued on July 20, 2020.

Please note that all Recreational Camps and Programs will comply with any MA state or local requirements or orders in response to COVID-19. Recreational Camps licensed under 105 CMR 430 Minimum Standards for Recreational Camps for Children: State Sanitary Code Chapter IV will comply with those regulations as well as any additional more restrictive MA state or local requirements or orders in response to COVID-19.

### **STAFFING AND OPERATIONS**

- The Camp Director, Dan Joslyn, is our staff person for all COVID-19 concerns. He can be reached at [djoslyn@bgcberkshires.org](mailto:djoslyn@bgcberkshires.org) or by calling camp at 413-698-2716 and having him paged.
- Visitors (including parents) and volunteers are not permitted.
- Staff members age 65 or older or with serious underlying health conditions should assess their risk to determine if they should stay home or follow additional precautions.
- Field trips or for other offsite travel are not permitted.
- Two Health Care Staff provided at all times.

### **CAMP CLOSING**

- In the event Camp Russell may need to close, parents will be notified by email and text.
- Parents will be expected to pick up their child as soon as possible if Camp closes.
- Camp Counselors will follow the direction of the Camp Director in directing campers.

### **STAFF ABSENCES**

- Camp Russell staff to remain home if they feel sick or display any symptoms of COVID-19 which are, but not limited to, fever, cough, trouble breathing or if they have been exposed to any one that may have COVID-19
- Staff members will be required to answer before entering building/premise and begin work by their direct supervisor or designated person:
  - Have you experienced any related COVID-19 symptoms, including any coughing, sneezing, fever, sore throat, or chills?
  - Have you been tested for COVID-19?
  - Have you been in contact with anyone you have been told they may have been exposed to COVID-19?
  - Have you been in contact with anyone who has tested positive for COVID-19?

### **STAFF TRAINING & ORIENTATION**

- Staff training and orientation will include:
  - Policies and procedures for cleaning, disinfecting sanitizing, frequency and staff scheduling of cleaning protocols.
  - A plan for identifying and handling sick, symptomatic, and exposed children and staff

that includes but is not limited to daily screening checks, location of screening activities, and staff responsible for screening.

- A plan for the isolation and discharge of sick, symptomatic, and exposed children or staff, including procedures for contacting parents immediately, criteria for seeking medical assistance, transportation of a child/staff who has developed symptoms related to COVID-19 mid-day and who rely on camp transportation, mitigation of transmission until the sick individual can safely leave the camp, and immediately notifying the local board of health.
- A minimum of 2 dedicated health care supervisors on staff at all times
  - Camp Russell will have a minimum of 2 healthcare supervisors on staff at all times - the additional requirement would allow one healthcare supervisor to care directly for a sick individual while the other tends to the camp, if necessary;
  - Health Care Supervisors are at least 18 with CPR training; and
  - This individual will be designated but not specific to that job (i.e., can also be a camp counselor). The same staff member will be assigned to the same group of children each day for the duration of the program session (if weekly or monthly) and at all times while in care.
- Staff will not float between groups either during the day or from day-to-day, unless needed to provide supervision of specialized activities such as swimming and boating in these situations will adhere to social distancing requirements.
- Staff should limit their contact with one another unless they are in the same cohort
- Staff will be cognizant and monitor all individuals that they and campers come into contact with during the course of the camp day in the potential case of exposure.

### **SOCIAL DISTANCING & GROUP SIZE**

- Children will remain with the same group each day and at all times while in care.
  - When suitable to children's ages and developmental level, siblings in attendance at the same time will be kept in the same group.
  - Groups will not be combined at any time.
  - May not congregate staff/campers in a way that does not allow for 6 feet of physical distancing between individuals; limit activities to those that can maintain social distancing.
  - May have multiple groups of campers and counselors in the same area, but must maintain separation between cohorts and comply with the Governor's most recent Gathering Order.
  - Ensure campers/staff belonging are stored in a manner to prevent groups congregating.
  - Stagger use of communal spaces, such as game rooms and recreation halls, to reduce

congregating and disinfect in between uses.

- All activities must be conducted in accordance with physical distancing, masking and sanitation requirements, and should be conducted outside when possible.
- The same staff will be assigned to the same group of children each day for the duration of the program session (if weekly or monthly) and at all times while in care. Staff will not float between groups either during the day or from day-to-day, unless needed to provide supervision of specialized activities such as swimming, boating, etc.
- Activities will be limited to those that can maintain 6 feet of social distancing; activities should be outside when possible.

### **HYGIENE & HANDWASHING**

- (1) Campers and staff should never share personal supplies e.g. hats, brushes, hair ties, contact solutions, towels, bedding, drinking or eating containers or utensils.
- (2) Handwashing facilities are readily available, to campers and staff, with soap, water and disposable paper towels at the dining hall bathrooms and bathroom building. Handwashing instructions are posted near every handwashing sink and where they can easily be seen by children and staff.
- (3) Hand sanitizer with at least 60% alcohol will be utilized at times when handwashing is not available, as appropriate to the ages of children and only with written parent permission to use. Hand sanitizer is stored securely and used only under supervision of staff. Staff will make sure children do not put hands wet with sanitizer in their mouth and will teach children proper use.
- (4) Hand hygiene stations will be set up at the entrance of the premises, so that campers/staff can clean their hands before they enter. If a sink with soap, water and disposable paper towels are not available, Camp Russell will provide hand sanitizer with at least 60% alcohol. If hand sanitizer use is not appropriate or not approved and there is no soap and water at the entrance, campers/staff will be instructed to go to the nearest handwashing station upon entry.
- (5) Sign-in stations will be outside the program space and, have contactless sign in when possible such as application or web based. If pens are required, they will be disinfected between uses or will be provided for individual only use.
  - When to Wash Hands: Children and staff will wash their hands or use hand sanitizer often, making sure to wash all surfaces of their hands (e.g., front and back, wrists, between fingers). Camp leadership will reinforce to staff and children that they must be regularly washing their hands with soap and water for at least 20 seconds when the following criteria are met:
    - (1) Upon entry into and exit from program space;
    - (2) When coming in to the program space from outside activities;
    - (3) Before and after eating;

- (4) After sneezing, coughing or nose blowing;
- (5) After toileting and diapering;
- (6) Before handling food;
- (7) After touching or cleaning surfaces that may be contaminated;
- (8) After using any shared equipment like toys, computer keyboards, mouse, climbing walls;
- (9) After assisting children with handwashing;
- (10) Before and after administration of medication;
- (11) Before entering vehicles used for transportation of children;
- (12) After contact with facemask or cloth face covering; and
- (13) Before and after changes of gloves.

### **PERSONAL PROTECTIVE EQUIPMENT (PPE) AND FACE MASKS/COVERINGS**

- Staff and campers must wear face masks/coverings as required by the Governor's most recent Order on Face Coverings in Public.
- Staff may schedule times and locations for mask breaks, which should be outdoors if possible, or with windows open. During this time ensure 6 feet of distance is maintained between all individuals.
- Masks and cloth face coverings should be routinely washed (daily and any time the mask is used or becomes soiled), depending on the frequency of use.
- Staff will wear appropriate gloves during food preparation and screening activities.
- Cover Coughs or Sneezes: Children, families, and staff will avoid touching their eyes, nose, and mouth. Cover coughs or sneezes with a tissue, then throw the tissue in the trash and clean hands with soap and water or hand sanitizer (if soap and water are not readily available and with parental permission and careful supervision as appropriate to the ages of the child).
- Masks will be worn during transportation, with seating in every other seat. Windows will be open at all times unless unable to do so because of inclement weather.

### **SCREENING AND MONITORING**

Camp Russell will screen all staff and children before they are permitted to enter the child care space following the requirements below.

- A single point of entry at the Camp will be designated to ensure that no individual is allowed to enter the building and or premises until they successfully pass the screening

- A designated staff person will conduct all screening activities and establish a designated screening area (e.g., a side room or enclosed area close to the point of entry) that will allow for more privacy in order to ask questions confidentially. Unless a physical barrier, such as a plexiglass screen, is used, the space used for screening will allow for social distancing of childcare staff from child/family while screening is being conducted (i.e. at least 6 feet of separation).
  - Staff conducting health screenings must be trained by the camps Health Care Consultant.
- Health check responses will be recorded and maintained on file.
- Campers and parents will be verbally screened and asked the following questions. If any of the below are yes, the child will not be allowed to enter the building. The child will return home with their parent or caregiver.
  - Today or in the past 24 hours, have you or any household members had any of the following symptoms?
  - Fever (temperature of 100.0F or above), felt feverish, or had chills?
  - Cough?
  - Sore throat?
  - Difficulty breathing?
  - Gastrointestinal symptoms (diarrhea, nausea, vomiting)?
  - Fatigue? (Fatigue alone will not exclude a child from participation.)
  - Headache?
  - New loss of smell/taste?
  - New muscle aches?
  - Any other signs of illness?
  - Has the child/staff had contact with someone in the previous 14 days with a confirmed or presumptive diagnosis of COVID-19 or someone who is ill with a respiratory illness?
- Staff will make a visual inspection of each child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness. Confirm that the child is not experiencing coughing or shortness of breath. In the event a child is experiencing shortness of breath or extreme difficulty breathing, call emergency medical services immediately.
- All staff, parents, children, and any individuals seeking entry into the program space will be directed to self-screen at home, prior to coming to the program for the day.
  - Self-screening shall include checking for symptoms including fever,

cough, shortness of breath, gastrointestinal symptoms, new loss of taste/smell, muscle aches, or any other symptoms that feel like a cold. Anyone with a fever of 100.00F or above or any other signs of illness will not be permitted to enter the program.

- Parents and staff will sign written attestations daily regarding any household contacts with COVID-19, symptoms (e.g., fever, sore throat, cough, shortness of breath, loss of smell or taste, or diarrhea), or if they have given children medicine to lower a fever.
  - Individuals who decline to complete the screening questionnaire or have temperature checked will not be permitted to enter the program space.
- Regular Monitoring: Staff will actively monitor children throughout the day for symptoms of any kind, including fever, cough, shortness of breath, diarrhea, nausea, and vomiting. Children who appear ill or are exhibiting signs of illness will be separated from the larger group and isolated until able to leave the facility. Programs will have a non-contact or temporal thermometer on site to check temperatures if a child is suspected of having a fever (temperature above 100F). Special care will be taken to disinfect the thermometer after each use.
- If any child or staff appears to have severe symptoms, emergency services will be called immediately. Before transferring to a medical facility, notify the transfer team and medical facility if the individual is suspected to have COVID-19. Severe symptoms include the following: extreme difficulty breathing (i.e. not being able to speak without gasping for air), bluish lips or face, persistent pain or pressure in the chest, severe persistent dizziness or lightheadedness, new confusion or inability to rouse someone, or new seizure or seizures that won't stop.
  - Counselors will keep track of individuals that they and campers come into contact with during the course of the day in the potential case of exposure.

### **ISOLATION AND DISCHARGE**

Planning for Isolation and Discharge: Camp Russell will take the following actions to prepare for a potential exposure.

- A separate space (the Bell Cabin) will be used to isolate children or staff who may become sick, with the door closed (or a solid barrier) if possible. Isolated children will be supervised at all times. The Bell Cabin has a separate bathroom for use by sick individuals only. Others will not enter isolation room/space without PPE appropriate to the care setting. In an instance of a family setting with one adult, staff should isolate children who may become sick using a barrier to maintain adequate supervision of all children.
- Contact the Richmond Board of Health at 413-281-9035 or [BOH@richmondma.org](mailto:BOH@richmondma.org)

- Masks or other cloth face coverings will be available for use by children and staff who become symptomatic, until they have left the premises of the program.
- An alternate exit will be used for those being discharged due to suspected infection.

If a Child Becomes Symptomatic: If a child becomes symptomatic, programs will follow the protocols below:

- Immediately isolate from other children and minimize exposure to staff.
- Whenever possible, cover children's (age 2 and older) noses and mouths with a mask or cloth face covering.
- Contact the child's parents by phone and send home as soon as possible.
- Child will be transported off premise by parent/guardian.

If a Staff Becomes Symptomatic: If a staff member becomes symptomatic, they will cease child care duties immediately and be removed from others until they can leave. Staff will regularly self-monitor during the day to screen for new symptoms. If new symptoms are detected among a staff member, follow the requirements above on how to handle symptomatic individuals.

If a symptomatic individual tests negative: they may return to camp after they have improvement in symptoms, and have been without fever for at least 24 hours without the use of fever reducing medications. If, after the individual tests negative, a provider makes an alternative diagnosis for the COVID-19 like symptoms, the individual may return to camp base on the recommendations for that alternative diagnosis (e.g., influenza or strep pharyngitis).

If a Child or Staff Contracts COVID-19: Sick children or employees who are COVID-19 positive or symptomatic and presumed to have COVID-19 will not return until they have met the criteria for discontinuing home isolation and have consulted with a health care provider. Determine the date of symptom onset for the child/staff. Determine if the child/staff attended/worked at the program while symptomatic or during the two days before symptoms began. Identify what days the child/staff attended/worked during that time. Determine who had close contact with the child/staff at the program during those days (staff and other children).

- If Camp Russell suspects a camper or staff member was present at camp while infectious, the area they were inside will be closed off and ventilation will be increased. Staff will wait 24 hours or as long as practical to begin cleaning and disinfecting area(s), frequently touched surfaces and shared equipment potentially used by the ill person. Camp Russell will plan for availability of alternative space while areas are out of use.
- Camp Russell will follow CDC infection control guidelines designed to



protect individuals from exposure to diseases spread by blood, bodily fluids, or excretions that may spread infectious disease. Camp Russell complies with applicable OSHA standards (29 CFR 1910) and 105 CMR 480.000 (Minimum Requirement for the Management of medical and Biological Waste) to ensure proper disposal of regulated medical waste.

- If the individual tests positive for COVID-19 but is asymptomatic, isolation may be discontinued when at least 10 days have passed from the date of the positive test, as long as the individual remains asymptomatic. For example, if the individual was tested on April 1, isolation may be discontinued on or after April 11 if the individual still has no symptoms.

Notifying Required Parties: In the event that a program experiences an exposure, programs will notify the following parties.

- Employees and families about exposure but maintain confidentiality.
- Local board of health if a child or staff is COVID-19 positive.
- Notify MDPH Community Sanitation Program on the Recreational Camp injury and Reporting form as soon as possible, but no later than 48 hours after notification of the positive case.
- Licensing agencies if a child or staff member has tested positive.

Self-Isolating Following Exposure or Potential Exposure: In the event that a staff member or child is exposed to a sick or symptomatic person, the following protocols will be followed.

- 7 days if the individual gets a negative test result on or after day 5, experiences NO symptoms, and continues to monitor for symptoms through day 14.
- 10 days if the individual experiences NO symptoms and continues to monitor for symptoms through day 14.
- 14 days if the individual experiences ANY symptoms during the 14 days.
- If anyone in your immediate household has been tested your child may not return to any Boys & Girls Club program until a negative test result has been reported.

❖ *Final decisions regarding the end of mandatory isolation following a positive COVID-19 test or quarantine following identification as a close contact are made by the Local Board of Health presiding over the cases.*

If the child or staff member has symptoms but not otherwise exposed to an individual who is COVID-19 positive or presumed to be COVID-19 positive, they may not return to the Club until the symptoms abate.

#### **CLEANING, DISINFECTING AND SANITIZING**

- Camp Russell will use EPA-registered disinfectants and sanitizers for use against COVID-19 and follow directions on the label, including ensuring that

the disinfectant or sanitizer is approved for that type of surface (such as food-contact surfaces).

- When EPA-approved disinfectants are not available, a dilute bleach solution can be used. For example, add 1/3 cup of household bleach to 1 gallon of water OR 4 teaspoons of bleach per quart of water. Alternatively, a 70% alcohol can be applied.
- All bleach and water dilutions will be freshly mixed every 24 hours. Bleach solutions will be prepared daily to ensure their ability to safely sanitize or disinfect. When preparing sanitizing or disinfecting dilutions always add bleach to water. This helps to avoid bleach splashes caused by adding water to bleach. Use either the sanitizing or the disinfecting dilution as specified above.
- Many cleaning agents can be irritants and trigger acute symptoms in children with asthma or other respiratory conditions. Camp Russell will not prepare cleaning solutions in close proximity to children.
- Staff will check the label to see if bleach is intended for disinfection, and ensure the product is not past its expiration date. Unexpired household bleach will be effective against COVID-19 when properly diluted. Some bleaches, such as those designed for safe use on colored clothing or for whitening may not be suitable for disinfection.
- Camp Russell will follow manufacturer's instructions for application and proper ventilation. Never mix household bleach with ammonia or any other cleanser. Leave solution on the surface for at least 1 minute.
- Camp Russell shall use child-safe cleaning, sanitizing, and disinfecting solutions and children should never be present when mixing solutions.
- Only single use, disposable paper towels shall be used for cleaning, sanitizing, and disinfecting. Sponges will not be used for sanitizing or disinfecting.
- All sanitizing and disinfecting solutions will be labeled properly to identify the contents, kept out of the reach of children, and stored separately from food items. Sanitizing and disinfecting solutions will not be stored in beverage containers.
- Camp Russell will avoid aerosols, because they contain propellants that can affect breathing. Pump or trigger sprays are preferred.

Proper Usage: Proper guidelines will be followed when cleaning, sanitizing, and disinfecting.

- All sanitizing and disinfecting solutions will be used in areas with adequate ventilation and never in close proximity to children as to not trigger acute symptoms in children with asthma or other respiratory conditions. Staff will not spray chemicals around children. If possible, children will be moved to another area or have someone distract them away from the area where a chemical is being used.
- To ensure effective cleaning and disinfecting, Staff will always clean

surfaces with soap and water first, then disinfect using a diluted bleach solution, alcohol solution with at least 70% alcohol, or an EPA- approved disinfectant for use against the virus that causes COVID-19. Cleaning first will allow the disinfecting product to work as intended to destroy germs on the surface.

- Staff will use all cleaning products according to the directions on the label. Follow the manufacturer’s instructions for concentration, application method, and contact time for all cleaning and disinfection products.
- Staff will ensure surfaces and equipment are air dry after sanitizing or disinfecting. Staff will not wipe dry unless it is a product instruction. There will be careful supervision to ensure that children do not touch the surface until it is completely dry.
- All chemicals will be kept out of the reach of children both during storage and in use.
- Chemicals will be kept in their original containers. If this is not possible, label the alternate container to prevent errors.
- Staff will not mix chemicals and will be educated that doing so can produce a toxic gas.

General Guidelines for Cleaning, Sanitizing, and Disinfecting: Camp Russell will follow these general guidelines for cleaning, sanitizing, and disinfecting.

- Camp Russell will intensify the program’s routine cleaning, sanitizing, and disinfecting practices, paying extra attention to frequently touched objects and surfaces, including doorknobs, bathrooms and sinks, keyboards, and bannisters.
- Camp Russell will clean and disinfect toys and activity items, including sports and specialty camp activity equipment (e.g. and climbing walls), used by children more frequently than usual and take extra care to ensure that all objects that children put in their mouths are removed from circulation, cleaned, and sanitized before another child is allowed to use it.
- While cleaning and disinfecting, staff will wear gloves as much as possible. Handwashing or use of an alcohol-based hand sanitizer after these procedures is always required, whether or not gloves are used.
- Camp Russell will minimize equipment sharing, and clean disinfect shared equipment at the end of each activity by products recommended by the CDC. Personal equipment, such as helmets and pads, shall not be shared.

CLEANING AND STORING Personal Flotation Devices (PFD): To clean Personal Flotation Devices (PFD), Camp Russell will hand wash or sponge down in warm, soapy water, taking care not to submerge the inflator. Rinse the PFD with clean water and hang to dry on a plastic coat hanger. PFD’s will not be dry-cleaned, use chlorine bleach, or apply direct heat. Camp Russell will always store PFD’s fully dried in a warm, dry, well ventilated place out of direct sunlight.

- Inherently buoyant PFDs (foam) are cleaned in the same manner except they may be fully submerged.

If Camp Russell reuses a PFD within 72 hours, the following precautionary guidance is suggested.

- COVID-19 virus may exist 3 days on or in clothing. Virus can exist longer on porous surfaces.
- Synthetic fabrics, plastic and metal surfaces may harbor the virus longer.
- Buckles, zippers, other hardware and hook/loop fasteners (e.g. Velcro®) are hard to clean due to crevasses and metal/plastic construction.
- Using 60 – 90% solutions of alcohol sprayed/wetted on these components is acceptable.
- Avoid spraying inflatables with specific disinfectants that are detrimental to the fabric. e.g. bleach-based products.
- Life jackets will not be machine laundered.
- Life jackets should be hand-washed with gloved hands – wash as hot as possible (< 60C) to kill virus.
- Ensuring complete drying is critical, heated air drying is encouraged < 60C
- Virus likes moisture and can survive in cold – virus dies by drying out and by heat, which some fibers can enhance.
- This pandemic is a new challenge and it is truly not known how all materials and the virus respond to laundry.
- If hang to air dry, allow 72 hours (3 days) before reuse.
- Garments will not be shared.

DISCLAIMER: Remember it is not possible to carry out or guarantee complete disinfection, the goal is to minimize risk.

Cleaning, Sanitizing, and Disinfecting Indoor Play Areas: Camp Russell will follow these guidelines for cleaning, sanitizing, and disinfecting indoor play areas.

- Children’s books, like other paper-based materials such as mail or envelopes, are not considered a high risk for transmission and do not need additional cleaning or disinfection procedures. Camp Russell will conduct regular inspection and disposal of books or other paper-based materials that are heavily soiled or damaged.
- Machine washable cloth toys will not be used at all.
- Toys that children have placed in their mouths or that are otherwise contaminated by body secretions or excretions will be set aside until they are cleaned by hand by a person wearing gloves. Clean with water and detergent, rinse, sanitize with an EPA-registered sanitizer, and air-dry or clean in a mechanical dishwasher.
- For electronics, such as tablets, touch screens, keyboards, and remote controls, visible contamination if present will be removed. Camp Russell may consider putting a wipe able cover on electronics. Camp Russell will follow manufacturer’s instruction for cleaning and disinfecting. If no guidance, use alcohol-based wipes or sprays containing at least 70% alcohol. Wait in

accordance with manufacturer's directions and then dry surface thoroughly or allow to air dry.

Cleaning, Sanitizing, and Disinfecting Outdoor Play Areas: Camp Russell will follow these guidelines for cleaning, sanitizing, and disinfecting outdoor play areas.

- High touch surfaces made of plastic or metal, including play structures, tables and benches, will be frequently cleaned and disinfected.
- Cleaning and disinfection of wooden surfaces or groundcovers (mulch, sand) is not recommended.
- Pool handrails and pool ladders will be disinfected frequently throughout the program day.

Cleaning, Sanitizing, and Disinfecting After a Potential Exposure in Day Programs: If Camp Russell suspects a potential exposure, they will conduct cleaning and disinfecting as follows.

- Staff will close off areas visited by the ill persons. Open outside doors and windows and use ventilating fans to increase air circulation in the area. Staff will wait 24 hours or as long as practical before beginning cleaning and disinfection. Counselors/staff will go to an alternative space while areas are out of use.
- Cleaning staff will clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment (e.g., tablets, touch screens, keyboards) used by the ill persons, focusing especially on frequently touched surfaces.

Additional Considerations: Camp Russell will also follow the below precautions.

- Staff clothing will not be worn again until after being laundered at the warmest temperature possible.
- Programs will comply with OSHA's standards on Blood borne Pathogens (29 CFR 1910.1030), including proper disposal of regulated waste and PPE (29 CFR 1910.132).
- Camp Russell will follow CDC infection control guidelines designed to protect individuals from exposure to diseases spread by blood, bodily fluids, or excretions that may spread infectious disease. Health precautions include, but are not limited to, the use of PPE, proper disposal containers for contaminated waste, handwashing and proper handling of bodily waste.
  - Non-latex gloves will be provided and used for the clean-up of blood and bodily fluids; Used gloves and any other materials containing blood or other bodily fluids shall be thrown away in a lined, covered container. Only material saturated/dripping with blood is considered medical waste and will be stored and disposed of pursuant to the regulations. Materials such as Band-Aids, tissues and others with minimal blood are not considered medical waste;

- Contaminated clothing will be sealed in a plastic container or bag, labeled with the child's name, and returned to the parent at the end of the day; and
  - Sharps waste will be stored and disposed of in appropriate sharps containers with the word biohazard and the universal biohazard symbol.

### **TRANSPORTATION & TRAVEL**

- There will be no field trips or for other offsite during the 2021 Camp season.
- All campers will be required to complete and hand in a completed COVID-19 health screening form prior to boarding the bus.
- Facemasks shall be worn at all times.

### **Pick up/Drop off**

**Camp:** Upon arrival to Camp Russell parents will follow the traffic control directions from the Parent hand book. Campers along with their parent/guardian will exit their vehicle at time of drop off with their parental wavier COVID-19 screening at the Camp gate. If cleared, one of the directors will escort the camper to their assigned group. If not cleared, director will show/tell result to parent/guardian and explain the health policy and ask them to exit the camp.

**Club:** Campers along with their parent/guardian will exit their vehicle at the time of drop off with their parental waiver COVID-19 screening and accompany their child to the front desk in the main lobby at the Club. If cleared, one of the directors will escort the camper to their assigned group. If not cleared, director will show/tell result to parent/guardian and explain the health policy and ask them to exit the camp.

**All Other Bus Stops:** Campers along with their parent/guardian will exit their vehicle when the bus monitor indicates it's time to do so with their parental waiver COVID-19 screening and accompany their child to the bus. If the camper is cleared the child will board the bus. Social distancing will be maintained between parents/campers for the duration of boarding the bus.

### **FOOD SERVICE & SAFETY**

- Whenever possible, snacks and meals should be brought from home, be pre-packaged or ready to serve in individual portions to minimize handling and preparation. Meals will not be served family style or self-serve.
- To minimize potential spread of infection and to promote physical distancing, cafeterias and group dining rooms will be avoided. If there are no alternatives, programs will adequately social distance during meals and add extra meal shifts.
- Social distance must be maintained during meals and cohorts must remain constant, extra meal shifts may be necessary. Increase ventilation by keeping windows open when possible.

- Kitchen staff must maintain a checklist indicating completion of routine cleaning/sanitizing of kitchen and dining areas. Avoid all food contact surfaces when using disinfectants.
- Multiple children will not use the same serving or eating utensils. Each child will have an individual cup to use.
- Sinks used for food preparation will not be used for any other purposes.
- Staff will ensure children wash hands prior to and immediately after eating.
- Staff will wash their hands before preparing food and after helping children to eat.
- Tables, chairs, high chairs, and high chair trays used for meals will to be cleaned and sanitized before and after use.
- All food contact surfaces, equipment, and utensils used for the preparation, packaging, or handling of food products will be washed, rinsed, and sanitized before each use. Additionally, Camp Russell will frequently clean non-food contact surfaces, such as doorknobs, tabletops, and chairs. Camp Russell will use sanitizers approved by the EPA for use against COVID-19 and for food-contact surfaces.
- When disinfecting for coronavirus, EPA recommends following the product label use directions for enveloped viruses, as indicated by the approved emerging viral pathogen claim on the master label. If the directions for use for viruses/veridical activity list different contact times or dilutions, use the longest contact time or most concentrated solution. Camp staff will be sure to follow the label directions for FOOD CONTACT SURFACES when using the chemical near or on utensils and food contact surfaces.