

CIRCLE CHOICES FOR OFFENSE &
DEFENSE:

OFFENSE: TE T G C
WR QB RB

DEFENSE: E T G ILB
OLB CB SAFETY

T-SHIRT SIZE: M L XL XXL

Fee: \$75.00 first student/ \$50.00
for each additional family member.
Late registration fee (after June 1,
2021) will be \$80.00.

MAKE CHECKS OUT TO : **WCSD**
& MAIL TO:
Waunakee HS
301 Community Drive
WAUNAKEE, WI 53597

**QUESTIONS?
PLEASE CONTACT YOUR
FOOTBALL COACH**



GRIDIRON CAMP 2021

JULY 19 - JULY 22
Mon—Thurs.
4:00—9:00 pm

***@ WHS Practice Field
&
Stadium**

*Football is like life, it requires persever-
ance, self-denial, hard work sacrifice, dedi-
cation and respect for authority.*
--Vince Lombardi

GRIDIRON CAMP 2021



**FOOTBALL
FUNDAMENTALS**

JULY 19-22
4:00 - 9:00 PM

PLAYERS CAN CHOOSE TO SPECIALIZE AND CONCENTRATE ON PARTICULAR TECHNIQUES IN THE FOLLOWING AREAS:



QUARTERBACK: Ball handling, faking, passing, field general ship and strategy.

RUNNING BACK: Ball carrying, faking, blocking and pass receiving.

WIDE RECEIVER: Releases, route running, ball carrying, catching and blocking.

OFFENSIVE LINEMAN: Stance, explosion, pulling, trapping, blocking, pass blocking, scramble, reach, DBL-team.

DEFENSIVE LINEMAN: Stance, ready reaction, slant techniques, pass rush and tackling.

LINEBACKER: Stance, keying, reaction, tackling and pass defense.

DEFENSIVE END: Stance techniques, playing the opposition, pass rush and containment.

DEFENSIVE BACK: Keying pass defense, man-to-man, zone, rotation and tackling.



PARTICIPANTS WILL RECEIVE INSTRUCTION IN QUICKNESS, AGILITY, FLEXIBILITY AND RUNNING TECHNIQUES

EQUIPMENT: Participants will be expected to come each session dressed in appropriate attire, including athletic supporter, sweat socks, football-type shoes, T-shirt or sweatshirt and athletic shorts or sweat pants.

REGISTRATION: To hold your place in camp, you must first submit a signed and completed registration form along with full payment. Forms must be received before June 1, 2021 or a late fee will be charged. No refunds will be available after June 1, 2021.

Fee: \$75.00 first student/
\$50.00 for each additional family member. Late registration fee (after June 1, 2021) will be \$80.00.



Please Register online:

www.waunakeefootball.com

or

MAKE CHECKS OUT TO : WCS D

& MAIL TO:

Waunakee HS

301 Community Drive

WAUNAKEE, WI 53597

PARTICIPANTS MUST HAVE THEIR OWN MEDICAL INSURANCE!

Gridiron Camp 2021 (online registration is available: www.waunakeefootball.com)

NAME (PRINT) _____ School _____

ADDRESS _____

CITY _____ ZIP _____

ENTERING GRADE _____ AGE _____

HEIGHT _____ WEIGHT _____

PARENT NAME (PRINT) _____

DAYTIME PHONE _____

If we are not able to contact you. In case of an emergency we should contact:

NAME (PRINT) _____ DAYTIME _____

INSURANCE CO: _____

POLICY NUMBER: _____

PARTICIPANT'S DOCTOR: _____

DOCTOR'S PHONE _____

I declare that _____
Is in good physical health and able to practice and play football. I also give permission for

_____ To attend Gridiron 2021 Camp. I certify that the registrant has had a satisfactory physical exam by a doctor within the past two years and is physically able to participate in all camp activities. In the event of injury or illness, I give my consent for necessary emergency medical treatment and will be responsible for all costs involved. We will make an attempt to contact you before treatment is given.

PARENT SIGNATURE _____

DATE _____