



## Miami Elite COVID-19 Safety Guidelines

Updated 11/24/20

**As we resume play, all coaches, athletes, parents and spectators must follow USA Volleyball, AAU Volleyball and the CDC Guidelines which include but are not limited to the items listed below.**

**In addition, by participating in any Miami Elite-led training session, workout or practice, the athlete and family assume full responsibility for the athlete's health and safety. In no way will Miami Elite, our coaches, staff, facility being used or facility owner be held responsible for any injury or illness.**

When participating in training sessions, workouts or practice, all athletes, coaches, staff, parents/guardians must adhere to the following:

- In the last 14 days, if you have been sick, shown symptoms of sickness, have been in close contact with anyone who has tested positive for COVID-19, are coughing or consistently sneezing please do not attend.
- Temperature checks will be taken before entering facilities. Anyone with a temperature reading above 100.4 will not be allowed to participate.
- When not playing volleyball or exercising, maintain 6 feet of distance between people.
- No sharing drinks or food. Water bottles should be labeled and kept at a safe distance from other bottles.
- Though masks are not required to be worn during outdoor workouts, masks must be worn when playing indoors and upon entering and leaving facilities.
- Miami Elite will make every possible effort to keep the groups small and athletes spread apart 6 feet.
- Balls and equipment will be cleaned at the end of each session.
- Bring personal hand sanitizers and/or wipes to clean hands after each session.
- Bring a personal towel and do not share with others.
- Parents and spectators are not allowed inside practice facilities.
- ALL ME Members are required to follow facility COVID Protocol during practices and tournaments.