



## DCFC OFFICIAL 3U/4U PLAYING GUIDELINES

- 1. BALL:** Size 3.
- 2. NUMBER OF PLAYERS:** A match is played by two teams, each consisting of not more than 5 players. There are NO goalkeepers.
  - Substitutions: may occur at any natural stoppage; unlimited.
  - Playing time: Each player shall play a minimum of 50% of the total playing time. Teams and games may be coed.
- 3. PLAYER EQUIPMENT:** Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.
- 4. DURATION OF THE MATCH:** The match shall be divided into 4 equal, 8-minute quarters.
  - There shall be a 2-minute break between quarters one and two, and another 2-minute break between quarters three and four. There shall be a half-time interval of 5 minutes.
- 5. START AND RESTART OF PLAY:** Conform to FIFA, with the exception that the opponents of the team taking the kick-off are at least 4 yards from the ball until it is in play.
- 6. FOULS AND MISCONDUCT:** The referee/coach/parent must explain ALL infringements to the offending player. No cards shown for misconduct.
- 7. FREE KICKS:** Conform to FIFA with the exceptions that all free kicks are direct and opponents are at least 4 yards from the ball until it is in play.
- 8. PENALTY KICK:** None.
- 9. SUBSTITUTIONS:** Unlimited and informal.

[https://www.fifa.com/mm/Document/FootballDevelopment/Refereeing/02/90/11/67/Lawsofthegame2017-2018-EN\\_Neutral.pdf](https://www.fifa.com/mm/Document/FootballDevelopment/Refereeing/02/90/11/67/Lawsofthegame2017-2018-EN_Neutral.pdf)