



2021 Wings Invitational Meet

- Date: Sunday May 16, 2021
Start Time: Field – 10:30am (Turbo Jav will start once discus is finished)
Track- 1pm
- Location: Francis Scott Key High School, 3825 Bark Hill Road, Union Bridge, MD 21791
- Entry Fee: \$10.00 per athlete (please have one check written. No parents should be paying day of the meet.)
- Age Groups: 7/8; 9/10; 11/12; 13/14; 15/18 (Age determined as of 12/31/21)
- Awards: Ribbons 1st through 6th will be brought to the Freedom Flyers meet. If your team will not be there, please let us know and we will mail them.
- Concessions: None
- Results: <https://live.athletic.net/>

Maximum # of Events:

THREE for all athletes

Order of Events

Running Events:

- | | |
|----------------|--------------------------------|
| 1. 200 M Run: | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 2. 100 M Dash | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 3. 400 M Run: | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 4. 1500 M Run: | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 5. 800 M Run: | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 6. 3000 M Run: | 11/12, 13/14, 15/18 |

Field Events:

- | | |
|--------------------------------|--|
| 1. Shot Put (3 throws): | 13/14, 15/18, 7/8, 9/10, 11/12 |
| 2. Long Jump (2 jumps): | 7/8, 9/10, 11/12, 13/14, 15/18 |
| 3. High Jump: (minimum height) | 9/10 (2'8" start), 11/12 (3'0" start), 13/14 (3'4" start),
15/18 (3'4" start) |
| 4. Discus (3 throws): | 11/12, 13/14, 15/18 |
| 5. Turbo Jav (3 throws): | 7/8 (300g), 9/10 (400g) |

11/12 (400g Turbo Jav) or
11/12 (450g AeroJav/Finn Flier)