

YOUTH TRACK AND FIELD MEET

Date: Sunday May 2, 2021
Location: Reservoir High School
Registration: Online only by Thursday April 29 9pm/Invite only/no meet day registration
Entry Fee: \$10.00 per athlete
Competition Start Times: High Jump and Long Jump will start at 10:30am
Shot Put will start after Long Jump is over
Running events will start at 11:45am
Age Groups: 7/8; 9/10; 11/12; 13/8th grade
Age determined as of 12/31/21

Teams must sign up online prior to the meet, email coachlang@hotmail.com with any questions and to confirm payment upon arrival on Sunday May 2!

Maximum # of Events: 3 for all age groups

Awards: Ribbons 1st to 6th, Coaches pick up at the following meet

Results: Available on your phone during the meet at bullseye.tf and on athletic.net after

Running Events:

HURDLE SPACING WILL BE PER USATF BEST PRACTICES

1. 200 M Hurdles: 13/8th grade
2. 200 M run: 7/8, 9/10,11/12, 13/8th grade
3. 100 M run: 7/8, 9/10,11/12, 13/8th grade
4. 400 M Run: 7/8, 9/10, 11/12, 13/8th grade
5. 800 M Dash 7/8, 9/10, 11/12, 13/8th grade
6. 3000 M Run: 11/12, 13/8th grade
7. 1500 M Run Boys: 7/8, 9/10, 11/12, 13/8th grade

Field Events:

1. Long Jump (2 jumps): 13/8th grade, 11/12, 9/10 & 7/8
2. High Jump: 9/10, 11/12 & 13/8th grade
3. Shot Put (3 throws): 13/8th grade, 11/12, 9/10, 7/8

MEET DIRECTOR – PHIL LANG – COACHLANG@HOTMAIL.COM