



Freedom Flyers Youth Track Meet Sunday, May 23, 2021

LOCATION: Century High School | 355 Ronsdale Road | Sykesville, MD 21784

MEET DIRECTORS: Erin Lavelle (Erin.Lavelle@FreedomFlyers.club)
John Steiner (SteinDawg@msn.com)

ELIGIBILITY: This meet is open to athletes age 7 (by the end of 2021) to 18 years old. Due to COVID restrictions, the meet will be limited to 700 athletes, and all athletes are capped at 3 events, this does not include relays.

AGE GROUPS: Athlete age is determined by the age they will be on December 31, 2021. Awards will be given in the age groups listed below. However, all 15- to 18-year-old athletes will be run together.

- 8 and under (Born 2013 and later)
- 9- to 10-year-old (Born 2011 and 2012)
- 11- to 12-year-old (Born 2009 and 2010)
- 13- to 14-year-old (Born 2007 and 2008)
- 15- to 16-year-old (Born 2005 and 2006)
- 17- to 18-year-old (Born 2003 and 2004)

MEET REGISTRATION: Meet cost is \$10 per athlete and registration must be done on Athletic.net by Thursday, May 20th, 2021 at 9:00 pm. **THERE WILL BE NO SAME DAY REGISTRATION.** The meet schedule will be emailed to all registered teams/athletes no later Saturday afternoon.

PACKET PICKUP: There will be no packet pickup, this is a hip tag only meet.

AWARDS: Individual and Relay events will receive awards from 1st to 8th place. Medals for 1st place and ribbons for 2nd thru 8th place. Awards will be distributed at the Lightning meet the following weekend. Teams/individuals may choose to pay \$7 to have their awards shipped in a USPS flat rate padded envelope. If you would like to make arrangements to have your awards shipped, please send an email to the meet directors with your athlete or team name, address, and phone number.

SPECTATORS: NO PARENTS OR ATHLETES ARE ALLOWED ON THE INFIELD.

Field events can be viewed from the stands or outside the fence. Absolutely no warming up inside the stadium, infield, or on the track.

No spectators are allowed in the stands or stadium unless their athlete has entered the track for their event. This means once the athlete has completed the event, spectators must leave the area immediately. This will be strictly enforced.

No tents are allowed in the stadium.

Concessions: There will be no concessions available. No water will be available at the finish line. All Athletes are responsible for bringing their own water.

Results: Live results will be available at live.athletic.net. Any discrepancies or problems with results should immediately be brought to the attention of the timing company, Bullseye Running.

Volunteers: Everyone is needed to make this meet successful! We need as many volunteers as we can get. Please sign up using the following link: tinyurl.com/hd7jchr4

Meet Schedule: NO EVENT WILL START BEFORE THE PUBLISHED TIME! However, if the meet is running late, it may start after the time listed. A final meet schedule will be sent no later than Saturday afternoon. Coaches, athletes, and spectators should closely follow the progress of the meet on live.athletic.net so they know when to report.

Only those athletes scheduled to run are allowed in, or near, the bullpen. Congregating at the bullpen or exit area is not allowed.

Racewalk:

10:00 am 1500m Racewalk (9/10, 11/12)
3000m Racewalk (13/14, 15/16, 17/18)

Track Order of Events:

11:00 am 200m Hurdles (13/14)
400m Hurdles (15/16, 17/18)
3000m (11/12, 13/14, 15/16, 17/18)
100m (All age groups)
200m (All age groups)
4 x 400m Relay (9/10, 11/12, 13/14, 15/16, 17/18)
800m (All age groups)
80m Hurdles (11/12)
100m Hurdles (Girls - 13/4, 15/16, 17/18, Boys - 13/14)
110m Hurdles (Boys - 15/16, 17/18)
400m (All age groups)
1500m (All age groups)

Field Events:

9:00 am Discus (11/12, 13/14, 15/16, 17/18) – 3 Throws
High Jump (9/10, 11/12, 13/14, 15/16, 17/18)
Long Jump (All age groups) – 3 Jumps
Shot Put (All age groups) – 3 Throws
Turbo Javelin (300g - 7/8, 400g - 9/10, 11/12)

