

# AJB T- Ball Rules

- ✓ Basic Rules:
  - This is a non-competitive instructional league:
    - Combination of "Hitting off the Tee" & "Coach Pitch",
    - No league standings,
    - 45 minute game limit or 5 innings, if there is time to play another inning (or more), the coaches may agree to keep playing.
  
- ✓ Hitting off Tee/Pitching:
  - Players will hit off a tee for the first 4 games of the season.
  - The remainder of the games will be coach pitch.
    - A coach will pitch overhand, from his/her knee for boys and underhand for girls (this will get them use to seeing the ball in baseball / softball)
  
- ✓ Batting:
  - A player will get between 5-8 pitches to give them a chance to hit the ball. After 8 pitches, the coach will set up the tee for that player to hit,
  - If the ball is hit to the infield, the player will stop at first base,
  - If the player hits the ball to the outfield, the player may go to second base, and may continue running until a fielding player PICKS UP THE BALL. There is NO running on players,
  - Bunting is NOT allowed,
  - All players in the line-up will hit in every inning
  - The last batter in the line-up will hit a "homerun". That player will run around all the bases to score at home.
  - The last player in the lineup MUST CHANGE every game,
  - No stealing.
  
- ✓ Field
  - The fielding players will try to make outs at the appropriate base(s).
  - If a player throws out a runner, tags a runner, catches a fly ball, etc., the hitting player is out, and will go to the bench (this helps them learn that an out is an out),
  - There are unlimited outs per inning, as all players bat.
  - Players should be rotated between all positions,
  - The player in the pitchers position MUST WEAR A HELMET.
  
- ✓ Miscellaneous:
  - Bring a water bottle,
  - Players will need a baseball glove,
  - If needed. helmets and bats are provided