

Maximum Pitches Allowed in a Game

League Age	Max
17-18	105
13-16	95
11-12	85
9-10	75
7-8	50

Player throws 41 or more pitches - ineligible to catch

Player catches in any part of 4 innings - ineligible to pitch

Required Rest Days

Up to 14 years old		15 years or older	
66+	4	76+	4
51-65	3	61-75	3
36-50	2	46-60	2
21-35	1	31-45	1
1-20	0	1-30	0

A pitcher may be "rolled back" to a rest threshold if starting the last batter before the threshold is reached. It is the **MANAGER'S** responsibility to notify the umpire of this.

Visits per Pitcher

Majors & up: Remove on 2nd visit of inning or 3rd of game
Minors: Remove on 3rd visit of inning or 4th of game



ARLINGTON SOUTHWEST LITTLE LEAGUE

Game Preparation

- Lineups
 - 3 copies (scorekeeper, umpire, opposing manager)
 - Have them complete 30 minutes before game start
 - Don't worry if someone is not present – they can easily be dropped and added to the end of the lineup if/when they arrive
 - Identify starting pitcher and catcher
- When umpire calls for teams to line up, stand on the foul lines with hats off and say LL pledge
- IMMEDIATELY after the conclusion of the pledge, manager should go to the plate meeting

During the Game

- Stay inside the dugout during play – not in the opening
- Call time and go to the umpire for a discussion – don't have discussions through the fence
- One minute between innings – clock starts from the last out of the previous half inning

After the Game

- It is your responsibility to have the umpire sign your pitching record