



## Adult Soccer Coed 7 v 7 League

Adult Coed league play shall be governed by FIFA laws with the following modifications:

### LEAGUE RULES

#### General

All decisions of the Referee are final and binding. The league reserves the right to decide on all matters relative to the league and its' decisions are final. In the event of inclement weather or other emergency situations, the league coordinator may reschedule a match, change division structure, reduce match duration, or cancel a match.

#### Fighting

Any player who engages in fighting of any kind including verbal, retaliatory or otherwise, will be automatically dismissed from the league without a refund. Not only will that player be removed from the league, but the team may also be banned indefinitely. Fighting may result in criminal charges. Any fighting or ejections will be turned over to the Bend FC Timbers Disciplinary Committee.

#### Registration

- Players must be 18 years old or older.
- Recommended roster size is 14. Each team may roster a MAXIMUM of 18 players. However, no more than 14 players may play in any ONE game. A minimum of four (4) female players and four (4) male players must be included on each coed team roster.
- Players must be listed on the official Bend FC roster and have signed all waivers before they are eligible to play. Rosters must be submitted before September 15<sup>th</sup>. Teams using players not on rosters will forfeit games.

## **The Field**

- Field dimensions are as marked on the field and are ~ 35 by 70 yards for all divisions.
- The League will be played on East 1 and East 2 at the Bend FC Timbers Soccer Complex.

## **Equipment**

- It is strictly forbidden to wear metal cleats on the synthetic turf field.
- Jerseys: The home team will wear dark tops and the visitors will wear white tops. The season's schedule will designate Home and Visitors for each match. If a team has custom jerseys, they must be a contrasting color with the scheduled opponent's dark or white Jerseys. If not, the team with the custom jerseys must change.
- Ball Size: Matches will be played using a size five (5) soccer ball. All teams are required to bring a size five (5) ball to each match. Each team must provide one ball per match. The teams must keep track of game balls and game balls are not the responsibility of the league or referees.

## **Pre-Match**

- Team managers shall ensure that all players are at the field ten (10) minutes before the scheduled match.
- The team manager shall bring a copy of her/his roster to each match and make it available to the referee at the start of the match. The referee will note any missing rosters on the score card which is turned into the League Coordinator. The League Coordinator will take action on missing rosters as deemed appropriate.
- A team, which cannot field six (6) players five (5) minutes after the scheduled start time which includes two (2) females and four (4) males, or three (3) females and three (3) males, or two (2) males and three (3) females, shall forfeit the match. This includes reductions in eligible players due to send offs.
- The team forfeiting shall be declared the loser by a score of two (2) goals to (0) zero.
- A referee will be assigned to each match. The referee will serve as timekeeper and scorekeeper. The referee is part of the field of play and their calls are final. Due to a shortage of officials, some games may NOT have a referee. If the game does NOT have an official, it must still be played. Each team must call the game to the best of their ability to make sure the game gets played.

## **The Match/Rules**

All matches will be played in accordance with FIFA, Federation International de Football Association (FIFA) "Laws of the Game," found at FIFA website, with the following modifications:

- Duration of Match: matches have two twenty-five (25) minute halves and a five (5) minute halftime.
- Please arrive at least 10 minutes prior to game time and check in with the referee. Game time is forfeit time. The referee will keep the official time.
- A tied score at the end of regulation time during the regular season remains a tied score. There are no overtime periods.
- Each team plays with 7 players (minimum of 3 females). Team must have a minimum of 4 players to start and finish a game. If a team has less than 3 females, they may start the game with 2, in this case they must also play down a male so it is 7 v 5 unless arrangements are made with other team and referee, and everyone agrees to those arrangements prior to kickoff
- Unlimited substitution is allowed with the referee permission. Subs may enter at any stoppage of play except free kicks.
- Substitutions: There are unlimited substitutions. Substitutions can only occur when the ball leaves the field of play and with the referee's permission. Substitutions occur on the sidelines with the players entering and exiting the field at approximately the same location near mid field. The substitute can only enter the field after the player who is being substituted for has left the field. An unfair substitution shall result in an indirect free kick for the opponent at a point determined by the referee.
- There is No "Slide tackling" allowed by field players. Only the goalie may go to the ground to play a ball. The restart is an indirect free kick, or, at the referee discretion, a direct free kick. Repeated offense by the team may result in further disciplinary action.

• **Offside law is NOT in effect**

**Conduct**

The referee may show a yellow or red card to the player or players who commit fouls.

- Sportsmanship Policy-No game is important enough to warrant physical or verbal abuse of officials or participants. Each team is responsible for the actions of its members at all times during competition. Unsportsmanlike conduct, including intimidation, infliction, or threat of bodily harm, will not be tolerated and could subject an entire team to disqualification.
- The team manager or captain is the only player allowed to approach the referee with questions or concerns. Team captains are responsible for the behavior of their players.
- Any participant who is ejected from a game must leave the facility immediately. Failure to leave within 2 minutes will result in forfeiture of the game. Any ejected player must sit the remainder of the season.
- Any participant who receives a red card for violent conduct, fighting including verbal fighting, will be suspended for the remainder of the season.
- Any participant who accumulates 3 yellow cards during the season will be suspended for his/her team's next game.

- Any participant found to be disrespectful to the facilities or grounds will be suspended for 30 days or more.
- League Standings  
Teams receive 3 points for a win, 1 point for a tie and 0 points for a loss.
- Should there be a tie: the tiebreaker will be as follows:
  1. Head-to-Head result
  2. Least number of forfeits
  3. Least number of goals against
  4. Most goals for
  5. Least amount of Red Cards
- A champion will be crowned on the last day of the season. Consolation games for other teams may be scheduled if time and space allow.

### **Playoffs**

The only rule change for playoffs is that a playoff match cannot end in a tie and “Kicks from the Mark” will be used to determine a winner.

3 refs may be used for playoff games.

### **Field Usage Policies**

All participants and spectators must adhere to the Bend FC Timbers Complex rules as well as following usage policies.

- No glass bottles allowed on fields. No Food allowed on fields.
- Pick up trash after games.
- Only Rostered players are permitted inside the fence line. All spectators must stay outside of the fence line.
- No dogs or other animals allowed on fields.

### **ADDITIONAL INFORMATION**

#### **COED RECREATIONAL SOCCER RULES**

1. Games will be played on Sunday evenings at 5pm, 6pm, 7pm, 8pm
2. Games will be played 7 on 7 with goalkeepers
3. Games will be played using 7x21 goals on 45x60 yard fields
4. Games will be coed, and each team should have three women field players and three men field players and a goal keeper. (see official rules)
5. Goal keepers can be anyone player on the roster
6. Games are recreational, designed for fun, fitness, and entertainment
7. Games will consist of two 25-minute halves and a 5-minute halftime
8. Games will be played on the Bend FC Turf Fields
9. Referees will be provided as available --- If interested in officiating, please contact Donnie at [donnie@bendfctimbers.com](mailto:donnie@bendfctimbers.com)

10. Home teams must wear a dark colored shirt; Away teams must wear a white colored
11. FIFA laws of the game will be applied
12. Each team will play a minimum of 7 games and may or may not have a week off

## **Policy – 6.9- Disciplinary Committee**

Any player, parent, spectator, coach, manager, administrator, or adult player who is ejected or asked to leave the premises during a BEND FC TIMBERS event or match due to verbal abuse, physical abuse, or other, towards another PERSON will be suspended pending the following processes:

1. If a player or coach receives a RED card or two YELLOW card and is ejected from a match, that player or coach must miss the remainder of that match plus one more match. In addition to the suspension, the player or coach will have to abide by any league or tournament sanctions or rules including disciplinary committee actions.
2. If a player or coach receives a RED card or two YELLOW card and is ejected from a match for the second time in a club year cycle, that player or coach must miss the remainder of that match plus one more match. In addition to the suspension, the player or coach will have to abide by any league or tournament sanctions or rules. As a second offense, the suspended player or coach will have to meet with the clubs Director of Coaching and a second member of the club's management team before returning to the team. The club management can add additional match suspensions to the player or coach if the members of the management team feel a stronger suspension is warranted.
3. If a parent or spectator is ejected or asked to leave the premises at any time during a BFCT event, match, or practice; the parent or spectator may NOT return to any BFCT's event, match, or practice until they appear before the club's DISCIPLINARY committee. The club's DISCIPLINARY committee may require additional processes including but not limited to; sportsmanship training, writing letters, and/or additional suspensions for the removed individual.
4. Any act of violence, referee assault, or bad sportsmanship by a BFCT player, parent, coach, or spectator will result in a disciplinary committee hearing and may result in permanent suspension, temporary suspension, or other disciplinary actions in addition to any criminal charges or league required disciplinary action.

The Clubs DISCIPLINARY COMMITTEE will be composed of two club administrators, one board member, and an member of the Central Oregon Referee Committee.