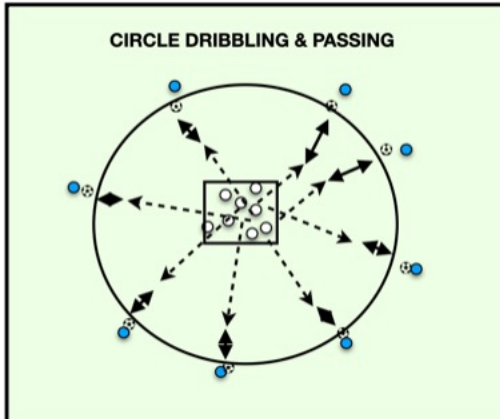


SOUTH FAYETTE

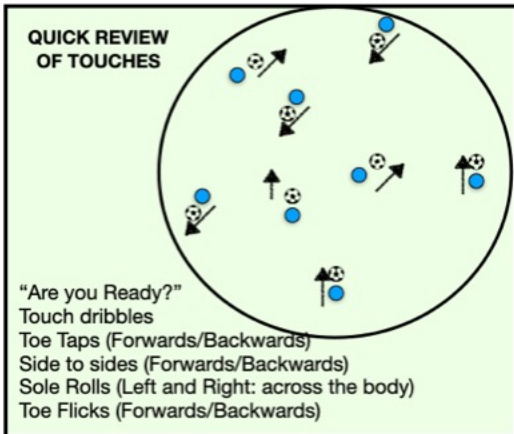


COACH BRYCE

PASSING CIRCLE:

WHITE PLAYERS ARE ACTIVE MOVING / SCANNING THE FIELD. ON WHISTLE PLAYERS CHECK TO BLUE PLAYER ON THE OUTSIDE AND ASK FOR THE "BALL". ONCE BALL IS PLAYED BACK. WHITE QUICKLY RETURNS TO THE SMALL GRID AND IS ACTIVE MOVING AND SCANNING THE FIELD UNTIL COACH BLOWS WHISTLE AGAIN AND THE LOOK FOR THE OPEN BLUE TO RECEIVE A PASS FROM.

VARIATIONS: 1 TOUCH, 2 TOUCH, TURN AND DRIBBLE, 1-2 COMBINATION THEN DRIBBLE, VOLLEYS OUT OF HANDS, ETC.



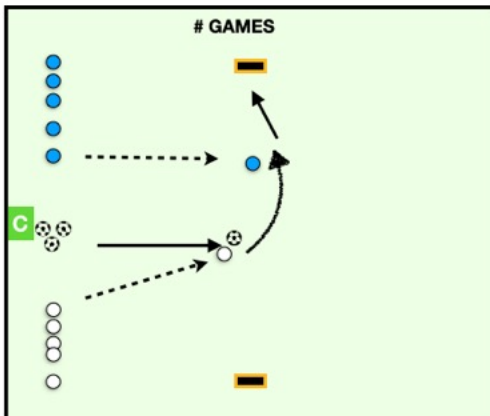
COACH FEDJA

TECHNICAL TOUCHES

INTRODUCE BOUNCING ON TOES.
 TOUCH DRIBBLES

TOUCHES IN PLACE
 TOE TAPS
 SOLE ROLLS

HAVE RACES: FIRST PLAY TO 20 TOUCHES AND PUT YOUR RIGHT KNEE ON THE BALL



COACH MAX

GAME 1V1 TO GOAL:

Coach yells a # and each # play 1v1 to goal. If you perform a feint you get 2 points.

You can add in multiple numbers, 2v2, 3v3, etc.

You can also make it where you the players can score in either goal after three turns / change of direction