



## Rookies Division Baseball Rules

The Rookie League is an instructional league, which is to provide 6 - 8 year olds, with a fun, structured environment to learn the game of baseball. We are here to teach the fundamental skills of baseball, teamwork and also good sportsmanship. No records are kept but encourage the kids to play to the best of their ability. Every player will play at least 3 innings per game. Coaches can help players in the field.

- ❖ **Weekday games will incorporate the use of a pitching machine to assist with hitting training.**
  - ❖ **Saturday games will be “kid pitch” where rule “d” will apply.**
- a) *No more than 10 players on defense (4 outfielders), you can start with 8 or 9.*
  - b) *No forfeits. If short players, borrow defensive players from other team as required.*
  - c) *Entire team in the batting line-up.*
  - d) *Pitcher will deliver a maximum of six pitches per hitter. If a hit or an out doesn't result or ball 4 is reached, the batter's coach will then deliver **hittable** pitches for the remaining strikes etc. The coach can strike the player out.*
  - e) *There are **No Walks**.*
  - f) *There is **No Bunting**.*
  - g) *Games will have a two-hour time limit. If there is 20 minutes or less left in the time limit, do not start a new inning.*
  - h) ***No Stealing** of bases, but post-pitch lead-offs will be allowed.*
  - i) *Only 5 runs per inning will be allowed.*
  - j) *Umpires are to be provided by each home team.*
  - k) *7 & 8 year olds will pitch from 40ft and 6 year olds may pitch from 35ft if needed. No ballplayer will pitch from any closer than 35ft for the safety of all involved.*
  - l) *Arm care - Maximum of 50 pitches per game/per pitcher*
  - m) *Base paths may be 50 or 60 feet*
  - n) *Base runners may continue to run until ball is thrown into the infield.*
  - o) *Player hit by pitch has option to take base or have coach come in to pitch*
  - p) *Continuous batting order. Change batting order every game.*

It is encouraged by Stilly Valley Little League that every player has the opportunity to play every position during the course of the season. A ballplayer may not get the opportunity to pitch if they are not physically able to throw the baseball that far or the coach has player safety concerns. It is also recommended that all players take their turn on the bench.