



# Little League Tee Ball

FUN • FITNESS • FUNDAMENTALS

# THIS IS WHERE WE *Learn* LIFE'S FUNDAMENTALS.



## OVERVIEW

### WHY LITTLE LEAGUE® TEE BALL

Families in communities around the world are introduced to Little League® through Tee Ball every year. This introduction presents leagues with an important opportunity to provide a positive introduction to baseball and softball that is grounded in fun, fitness, and fundamentals. **The Little League Tee Ball Program provides coaches with everything they need to create an environment where players will learn the skills of the game while having fun and staying active.**

It also allows leagues to provide a valuable resource and training tool to coaches of all experience levels.

Each week of the 10-week program includes detailed practice plans, activity diagrams, companion videos, and a Positive Coaching Alliance (PCA) Tip of the Week, all of which are hosted at **LittleLeagueUniversity.org**. As shown by the results of the research detailed in this document, leagues and coaches that implemented the Tee Ball Program in its entirety reported a higher level of player, parent, and coach satisfaction resulting in an increased likelihood of players and coaches returning for future seasons of Little League Baseball and Softball.



## PROVEN RESULTS

# FUN TIMES, FIT KIDS, EFFECTIVE LEARNING

Little League International conducted two surveys\* directed at Little League Tee Ball coaches and parents, respectively. In both surveys, respondents were asked whether or not they implemented the Little League Tee Ball Program and were asked to rate the level of fun, physical activity, and skill development of the players on a scale of 1-10.



Parents reported similar results showing a higher level of satisfaction in their child's Tee Ball experience.

**16% more satisfied with fun and physical activity. 12% more satisfied with skill development that their children experienced in Little Leagues that fully implemented the Tee Ball curriculum.**

Parents whose children participated in a league that implemented the program were significantly more likely to indicate that their child would definitely play Little League next season.

## MEASUREMENT OF PROGRAM EFFECTIVENESS (SCALE OF 1-10 FROM SURVEY)

### Fun at Practices



### Fun at Games



### Learning Fundamental Skills



### Physical Activity



## HOW TO IMPLEMENT TEE BALL CURRICULUM IN YOUR LEAGUE

Little League provides a free printed copy of the curriculum for every chartered Tee Ball team. Additionally, each week of the program, has companion videos available on [LittleLeagueUniversity.org](http://LittleLeagueUniversity.org), a free educational resource that includes training videos and information how-to articles designed to educate parents and volunteers on how to have a fun, successful Little League experience.

“Our League had 48 players in Tee Ball last year and 44 returned including ALL 6 Managers. Another manager came over and described the program as Awesome.”

Joe S. Little League Volunteer

**LITTLE LEAGUE®**  
**Tee Ball**  
**PROGRAM**  
YOUR GUIDE TO FUN, FITNESS,  
AND FUNDAMENTALS!

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[LittleLeagueUniversity.org](http://LittleLeagueUniversity.org)