

2020 ASAP

Monroe, WA



2020 ASAP

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1. League Safety Officer:

- Ben Emmons

2. Safety Manual:

- SVLL will distribute a paper copy of this Safety Manual to all Managers/Coaches, league volunteers and submit for review to the District Administrator & District

3. Emergency Phone Number:

911

- A. Monroe Police (non-emergencies): 425-407-3999
- B. Snohomish County Sheriff (non-emergencies): 425-407-3999
Snohomish County Sheriff (SW locations) 425-775-3000
- C. Evergreen Health Hospital: 360-794-7497
- D. Monroe Parks – Field Rainout Line: 360-863-4508
- E. Providence – Monroe Clinic 360-794-7994

4. Sky Valley Little League Board - 2019

- President: Vanessa Harrison president@svll.org
- VP of Admin: Steve Knowlton vp@svll.org
- VP of Baseball: Roger Braaten vpbaseball@svll.org
- VP of Softball: Ben Emmons vpsoftball@svll.org
- VP of Finance: GillianD'Ancicco vpfinance@svll.org
- VP of Op's: Chad Pettitt vpoperations@svll.org
- Player Agent: Grant Weldon playeragent@svll.org
- Safety Officer: Ben Emmons safety@svll.org

This list will be posted in the dugout areas.

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5. Background Checks:

- SVLL will use JDP and the Official Little League Volunteer Application form to screen all of our volunteers.
- Anyone refusing to fill out a Volunteer Application is ineligible to be a league member.

6. Fundamentals Training:

- SVLL will provide annual coaches training.
- At least one manager/coach from each team MUST attend a league approved players fundamentals clinic.
- D1 training March 7, 2020.

7. First Aid & CPR Training:

- ALL LICENSED HEALTH CARE PROFESSIONALS ARE EXEMPT. FIRST RESPONDERS AND L.E. WITH CURRENT certification are EXEMPT. SVLL will require at least one manager/coach from each team to attend. Every manager/coach must attend this training once every 3 years. SVLL will pay for one designee from each team if necessary.
- SVLL encourages all members, parents, volunteers, umpires to attend the First Aid & CPR training.
- **CPR training – Put on and Paid for by SVLL**
- If you are unable to make this class, contact Ben Emmons (safety@svll.org) and or visit the Red Cross to find a class near you.
- <https://www.redcross.org/take-a-class/first-aid>

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Field Safety:

- Coaches will be required to walk / inspect the fields prior to practices and games. Umpires will also be required to walk the fields for hazards before each game.

9. SVLL has completed and updated our 2020 Facility Survey on-line.

10. Concession Stand Safety:

- SVLL does not operate a concession stand.

11. Equipment Inspection:

- The League Safety Officer will inspect all equipment in the pre-season.
- Managers/Coaches will inspect equipment prior to each game.
- Umpires will be required to inspect equipment prior to each game.

12. Prompt Accident Reporting.

- SVLL will use the provided incident tracking form from the LL website and will provide completed accident forms to the Safety Officer within 24-48 hours of the incident. Please see copy of accident reporting form, (attached). If a child sees a medical health professional, a form shall be filled out.

13. First Aid Kits:

- Each team will be issued an updated **First Aid Kit** which **MUST** be present at every practice and game.

14. League Participation in ASAP :

- SVLL encourages players and parents on all teams within all divisions of baseball and softball to actively participate in the Annual Safety Awareness Plan (ASAP).
- Designate a player(s) safety representative
- Designate a parent(s) safety representative
- Sign-up for Little League E-News at www.littleleague.org
- Submit safety suggestions to any SVLL board member, coach, umpire or volunteer, via email at safety@svll.org

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15. Rules Enforcement:

- SVLL will require ALL TEAMS to enforce ALL Little League Rules. Including but not limited to proper equipment for catchers.
- No on-deck batters
- Coaches will not warm up pitchers
- Bases will disengage on all fields

16. Safety Mission Statement:

Sky Valley Little League Board Members, Managers, Coaches, Umpires, Parents and Players commit to playing baseball and softball with mutual respect of one another to ensure the safety of all our players and volunteers.

17. Player Warm ups, Stretching & Fundamentals

- Managers/Coaches shall promote proper stretching prior to each practice and game.

18. Safe Weather Conditions for practices and/or games

- Field conditions will be dictated by the City of Monroe Rainout line 360-863-4508
- Other questionable fields conditions that present unsafe playing conditions shall be brought to the attention of the Managers/Coaches, Umpires, Safety Officer or any board member present.
- See attached safe weather conditions handout.

19. Code of Conduct:

- SVLL endorses the LL Code of Conduct for all League Officers, Members, Parents, Managers, Coaches, Umpires, Players and all Spectators in attendance.
- Each Manager/Coach shall have his or her players read, understand and sign the player code of conduct and “No Cheat” agreements (attached).
- Each Manager/Coach shall have his or her assistant coaches, team volunteers and parents sign the Parent Code of Conduct (attached).

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20. SVLL promotes the upmost precautions for player safety - mandates or recommends the following protective gear:

- Please reference the Little League website www.littleleague.org for other safety programs, practices, articles and other safety information.
- Parents are encouraged to sign up for the Little League E-News
- All boys should wear protective cups.
- Boys that will be catching behind the plate **MUST** be wearing a protective cup and the Manager/Coach shall enforce this at all practices and games.
- All players **MUST** wear an approved LL batting helmet when at bat or on the field of play when their team is up to bat.
- All players **MUST** use an approved LL bat (see attached list of LL approved bats for 2020).
- Players are encouraged to use mouth and/or face guards.
- Players are encouraged to use protective face guards on their batting helmets.
- Parents are encouraged to monitor the Sky Valley Little League web page www.svll.org for safety updates, future training classes and other safety resources.

21. League Registration Data

- SVLL has submitted Registration Data via the Little League Data Center for Players, Coaches and Managers.

2020 CPR / First Aid



First Aid & CPR Training

- ALL LICENSED HEALTH CARE PROFESSIONALS ARE EXEMPT. FIRST RESPONDERS AND L.E. WITH CURRENT certification are EXEMPT. SVLL will require at least one manager/coach from each team to attend. Every manager/coach must attend this training once every 3 years. SVLL will pay for one designee from each team if necessary.
- SVLL encourages all members, parents, volunteers, umpires to attend the First Aid & CPR training.
- **CPR training – Put on and Paid for by SVLL**
- **Sultan Fire Department. Fire District 5.**
- **304 Alder ST, Sultan WA, 98294**
- **February 22, 2020 @ 8 am.**
- **If you are unable to make this class, contact Ben Emmons (safety@svll.org) and or visit the Red Cross to find a class near you.**
- **<https://www.redcross.org/take-a-class/first-aid>**

2020 Concussion & Sudden Cardiac Arrest Training



Managers and Coaches must complete the below online trainings before stepping on a field with players.

Online **sudden cardiac arrest** prevention program:

<https://nfhslearn.com/courses/61032/sudden-cardiac-arrest>

Online **concussion** prevention program:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

(click the blue box to the right that says "Launch the Course")

Once complete, proof of certification for both programs is required two ways:

- Print the certificates and place them in the Managers team binder (required by District).
- Save and email copies to safety@svll.org so that the league can show proof of completion.

Parents and players must watch and sign a statement of compliance yearly.

Online pamphlet concerning sudden cardiac arrest.

<http://www.wiaa.com/ConDocs/Con1325/Flyer5.pdf>

Concussion Form (part of player registration)

http://www.svll.org/doctlib/Concussion_MonroeSD.pdf

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21. Attachments:

- Volunteer Application 2020
- Returning Volunteer Application 2020
- General Liability Claim Form
- Accident Claim Form
- Accident Claim Instructions
- Medical Release Form
- Incident/Injury Tracking Form
- Facility Survey
- Facility Survey Explained
- Coaches Code of Conduct
- Parent Code of Conduct
- I Won't Cheat Mission
- I Won't Cheat Pledge
- 2020 Little League Bat Information