

2020 Regular Season Resumption Guide



Western Little League
Cardinal Run Park Lexington, Kentucky
Providing youth baseball since 1959!



TIMELINE FOR RESUMING ACTIVITIES

- Team practices will begin the week of June 15. Practices should consist of 10 players or fewer with no more than one adult coach per group. Multiple groups may practice but must adhere to the league's social distancing guidelines.
- Games between two teams will begin the week of June 29. Each game per field may have to up to 50 spectators. Spectators are not participants, such as players and coaches.

DEFINITIONS

Spectator: a person, whether adult or child, who attends a game or practice to view it only from outside of the field and dugout area.

Participant: a youth player, adult volunteer coach, or adult umpire who participates in a game or practice inside the field and dugout area.

Coach: an adult volunteer who participates during a practice or game on the playing field or in the dugout.

SOCIAL DISTANCING

- All participants and spectators must always maintain a physical distance of at least six feet from one another as much as possible during any event to the greatest extent practicable, except for members of the same family.
- Players should be divided into small groups during team practices, and each group should remain together and separated from other groups to the greatest extent possible.
- Avoid unnecessary physical contact among all participants, such as high fives, handshakes, fist bumps, or hugs. To encourage sportsmanship, participants may use alternative, socially distanced signs of mutual respect, such as a tip of the cap, wave, salute, or bow.

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- Players should use their own equipment to the greatest extent practicable. This includes but not limited to protective gear, bats, water bottles, hats, batting gloves, and fielding gloves. As supplies last, the league can provide individual, non-shared equipment to players upon requests from parents/guardians. Any shared equipment will be sanitized in between use by different players.
- Parents and guardians should monitor their own child during practices and games, specifically for younger children.
- Players not in a game will locate behind the backstop fence near the bleachers in designated spots marked by a sign. Players in younger age divisions, such as Teeball and Weeball, could sit with their parents/guardians during a game or practice while not actively participating. Players of coaches in these age divisions may sit in the dugout if there is not another parent/guardian at the event or with another responsible adult near the bleacher area.
- No more than two players at a time are permitted in a dugout (exceptions may apply to players in Teeball and Weeball). The only use for a dugout will be for a player to wait for his/her next turn at-bat and to store field and safety equipment and materials. One coach may be in the dugout during a game to help monitor players and sanitize equipment, as needed.
- Players should bring their own portable chairs to each practice or game and keep their equipment at their chair unless being used. Teams may set up portable canopies for players to sit under to protect them from heat exposure.
- Spectators are not allowed to use the bleachers for each field. Instead, they must bring their own chairs and sit around outside of fence maintaining at least six feet apart.
- Coaches and parents/guardians should minimize the level of contact between players who may be at higher risk for severe illness, such as children who may have asthma, diabetes, or other underlying health problems.
- Spectators who may be at higher risk for severe illness are discouraged from attending games but may do so at their own discretion. Such health conditions and other risk factors include but are not limited to:
 - Asthma
 - Chronic kidney disease being treated with dialysis
 - Chronic lung disease
 - Diabetes
 - Hemoglobin disorders
 - Immunocompromised
 - Liver disease

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- People aged 65 years and older
 - People in nursing homes or long-term care facilities
 - Serious heart conditions
 - Severe obesity
- By being present at the ballpark for an event, the parent/guardian is representing to the league, LFUCG, and other families that neither they nor their child (including any siblings) have had any symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the 14 days prior to the event. Signs will be posted at each gate entrance with this message.
 - Players should wait in the vehicles of their parents/guardians until just before the beginning of a practice, warm-up, game, or other activity.
 - The minimal amount of time in between the end of any practice or game and the start of another practice or game using the same field or facility space will be at least 30 minutes to allow people to depart and arrive with minimize chances of direct contact with one another.
 - All participants and spectators should comply with the signs located around the baseball fields at Cardinal Run Park that direct the traffic flow of people coming in and out of the park to minimize chances of direct contact with one another.
 - Coaches should use a web-based application (e.g., Zoom, Google Meet) to conduct virtual meetings with their players and parents/guardians to the greatest extent practicable.
 - No food, drinks, or snack items (e.g., sunflower seeds, gum) will be shared among anyone except for members of the same family. Participants should bring their own supplies for personal use to each practice or game.
 - There will be two umpires per game for the Intermediate and Minors Divisions. One umpire will call balls and strikes in an area behind the pitcher's mound and the other umpire will rotate around different areas of the infield.

CLEANING AND DISENTECTING

- Sanitation kits will be provided to each team by the league to include an initial supply of Personal Protection Equipment (PPE). Each team must develop a procedure to maintain an adequate supply of PPE in their respective kits.
- Hand sanitizer in a touchless dispenser will be available for participants in the area around each dugout or exit gate. Players, coaches, and umpires must sanitize their hands every half-inning in a game and during breaks at team practices.

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- All frequently touched surfaces in and around the dugout must be sanitized after the completion of a practice or game before the next team uses the dugout. This will be the responsibility of each team. Sanitation materials will be kept in each dugout for use.
- Any shared equipment among players will be sanitized in between use by different players.

SCREENING AND ILLNESS

- Parents/guardians should conduct daily health checks for symptoms of COVID-19 of themselves and their children safely and respectfully to the greatest extent practicable.
- Participants and spectators with a fever of 100.8 degrees Fahrenheit or higher will not be allowed to attend any league events.
- Participants and spectators who demonstrate symptoms of COVID-19 must be tested, and the tests must be negative before they can attend any league event.
- The league will notify all participants and their families of a diagnosed case of COVID-19 within members of the league, while still protecting the privacy of the individual.
- If parents/guardians and/or their children are exposed to COVID 19, it is imperative they be quarantined for 14 days from day of exposure with temperature checks twice daily. In addition, they should be evaluated by a medical doctor for further instruction.
- A team that has a member who was exposed to COVID-19 may also need to be quarantined and unable to participate in league events. League officials will consult with the team's coach and parents to determine the appropriate course of action.
- Further information about exposure to COVID-19 can be found on the Centers for Disease Control's website: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

- All adults, whether coaches, umpires, or spectators, should wear face coverings when within 6-10 feet of other people outside of their family.
- Coaches and umpires should wear face coverings when within 6-10 feet of players. They may remove face coverings when they are outside of 10 feet of players.
- Players are not required to wear face coverings while actively participating in a practice or game. However, players who are ages 6 and older should possess face coverings and

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use them as necessary when not actively participating in a practice or game, unless doing so would represent a serious risk to their health or safety.

- A limited supply of PPE, including face coverings and disposable gloves, will be kept in the league equipment room and provided to park patrons as needed and as supplies last.
- Any participant and spectator who refuses to comply with the PPE guidelines will be required to leave the playing area.

FOOD CONCESSIONS

- Food concessions will follow the Health at Work Requirements for Restaurants: https://govsite-assets.s3.amazonaws.com/HGn5iDAvTsK1N68x0Vp4_Healthy%20at%20Work%20Reqs%20-%20Restaurants%20-%20Final%20Version%201.1.pdf.
- Food sold at concessions will primarily be pre-packaged boxes or bags, though some items will be prepared as ordered by customers.
- Customers must not share food and utensils unless it's members within the same family.
- Hand sanitizer will be available in the concessions area.
- The flow of customers entering and exiting the concessions area will be one-way using visual markings and separated from park patrons entering and exiting the area to use the restrooms.

COVID-19 COMPLIANCE CONTACT

League Secretary, Whitney Robinson, will serve as the league's primary contact in response to COVID-19 concerns from league participants and spectators. She may be reached by email at covid19@wllbb.com. Mrs. Robinson is a registered nurse who has been working in a unit with covid-19 cases in a hospital setting. She is very knowledgeable about the topic and can provide resources to anyone seeking information. As needed, Mrs. Robinson will address concerns in collaboration with the Division Coordinators.