



1ST OPPORTUNITIES

- Small Groups
- ELTP
- Game Ready
- One on One
- Vertimax
- Performance Training
- Boxing
- Customized training

QUICK LINKS

- [D1SA Website](#)
- [D1 Basketball](#)
- [D1 Football](#)
- [D1 Sports & Athletics](#)
- [D1 STORE / SPARTAN GEAR](#)

Upcoming Events

- March Madness Shoot-A-Thon Challenge
March 17 - 24, 2023
- Spring Break Camp with NBA Legend Rafer Alston
April 6 - 7, 2023
- D1SA is going to Costa Rica!
May 26 - 29, 2023

COMMUNITY OUTREACH



Community service is often a requirement for graduating high school students.

We have a great opportunity to help families in Loudoun County by volunteering with our partner, **BridgeFeeds**.

BridgeFeeds serves and ministers to the physical and spiritual needs of families in our area, by providing food, education, prayer support, and referrals for housing, legal, and healthcare services.

AM and PM shifts are available!

To sign up, please go to:
<https://signup.com/go/zgJoXke>

To learn more, go to
www.bridgefeeds.org

CONTACT US

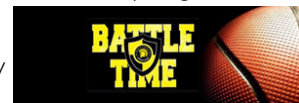
[D1SA Management Fundraising/Outreach Committee](#)
Coaches Committee
Team Managers
D1 Basketball Group
D1 Football Group

D1 SPORTS & ATHLETICS - BACK COURT NEWS

"WE CREATE FUTURE LEADERS AND BUILD COMMUNITY WITH A PURPOSE USING SPORTS"

A WORD FROM OUR DIRECTOR, ERIC WILLIAMS

D1SA stands as Loudoun's Powerhouse in leading the new generation of Spartans into battle against all odds. The winter season has provided a great stepping stone for the biggest basketball season in D1SA history, which is this spring. The standard of preparation has been set and the influence of present and former Spartan players has inspired a new generation of Spartan athletes. This inspiration has now spawned its reach to aspiring ball players starting as early as the first grade. This basketball spring season will be the most anticipated season to date as D1SA looks to develop more teams and athletes within the proven program. In these times we hope to bring our spartan philosophy to life within each athlete with no retreat, no surrender and NO FEAR!



SHOOT-A-THON CHALLENGE

D1 SPORTS & ATHLETICS PRESENTS

BASKETBALL

FREE THROW SHOOT-A-THON

Would you sponsor my 100 Free Throws?

CHALLENGE RUNS FROM MARCH 24 - MARCH 31, 2023

For ALL Teams Boys & Girls

JOIN US ON FRIDAY, 3/31 FOR A FUN EVENING! MORE DETAILS TO COME.

HOW IT WORKS:
Each player will shoot 100 free throws. Donors can pledge any amount per basket made, or make a one-time tax deductible donation per player.

You can make your donations directly to your player, or via our website: www.d1sa.org

FLAT FEE PER SHOT

More Information: Phone: 703-927-4727 E-mail: D1SAfundraising@d1sportsathletics.org
D1SA is a 501(c)(3) organization. All donations are 100% tax deductible.

Join us, as we host our first March Madness Shoot-A-Thon fundraiser to provide better opportunities for our teams. Proceeds will go towards all our teams and basketball programs. In addition, 20% will be donated to the Boulder Crest Foundation!

Dates: March 24th to 31st, 2023

Who: All boys and girls

How it works: Each player will shoot 100 free throws. Donors can pledge any amount per basket made, or make a one-time donation per player.

For more information about this event, or contact d1safundraising@d1sportsathletics.org

You can make your donations directly to your player, or via our website: www.d1sa.org



MINI SPRING BREAK CAMP

Registration is now OPEN for our exclusive Mini Spring Break Camp, featuring NBA Legend Rafer Alston, aka: "Skip To My Lou"!

When: April 6th and 7th, 2023

Times: 9:00am - 2:00pm

Where: Tuscarora High School

Registration Link



Early Registration (before 3/24)

Cost: \$125.00 - One Day
\$200.00 - Both Days

Registration (after 3/24)

Cost: \$150.00 - One Day
\$225.00 - Both Days

D1SA CLINIC IN COSTA RICA!

FIRST D1SA OUTREACH BASKETBALL CLINIC IN Costa Rica

MEMORIAL DAY WEEKEND MAY 26-29, 2023

Price per person \$600.00 + Air Fare
\$600.00 includes:
2-day clinic participation
Hotel Accommodations
Transportation (airport/meal/Clinic)
Breakfast and Lunch every day
Event in National Waterfalls & Coffee Plantation

Payment Information
You can make your payments here:
<https://www.d1sa.org/Details.aspx?tabid=551021>

Trip Cost is 100% Tax Deductible

More Info Gabby Ramirez 703-927-4727 gab@nanyahoo.com

SPACES FOR THIS INCREDIBLE OPPORTUNITY ARE STILL AVAILABLE!
SIGN UP WITH 1ST PAYMENT OF \$700.00 TODAY!

D1 Sports & Athletics is a 501(c)(3) nonprofit organization

This trip is open to all D1SA players/families. D1 Sports and Athletics is partnering with Colegio Bilingüe de Naranjo to bring the love for basketball to boys and girls in the city of Naranjo, Costa Rica. Our coaches/kids will teach the proper skills and fundamentals of basketball while conveying the principles of teamwork.

D1SA Costa Rica Missions Trip Info Meeting #2 - Google Meet Link: <https://meet.google.com/rze-jpeu-xhn>
Monday, March 20th, 2023 7:00 - 8:00pm

To lock in the prices stated on the flyer, you need to register ASAP (with partial payment and copy of passport). For more information about this trip, please contact d1safundraising@d1sportsathletics.org

FEATURED SPARTANS



Coach Holland and Coach Eddy will be taking our D1SA athletes to Costa Rica. They will run a clinic for kids in the community of Naranjo, during Memorial Day Weekend.

Coach Holland grew up and graduated HS in the Northern Va area. He played a few years of basketball between HS and College at JUCO level. He worked with kids in the LCPS system for over 10 years and has been coaching for D1SA since 2018.

Coach Eddy was born in Costa Rica. He graduated from the UCR and played PRO Basketball back home for a few years, before emigrating to USA. He has been coaching for D1SA since 2022.

Join them in this amazing trip!

D1SA FOOTBALL

D1SA Football 2023 kicks off this month with registration now open to all interested players!



SFL COMBINE:
March 12, 23 @ 4pm - Heritage HS

Visit the D1SA Football website to register, and learn more about our elite program:
<http://www.d1spartansfootball.org>