

## LYSA Modified Recreation Soccer Rules

	<b>6-U</b>	<b>8-U</b>	<b>10-U</b>	<b>13-U</b>
<b>Playing Fields</b>	3 & 7	4 & 8	5 & 6	2
<b>Ball Size</b>	3	3	4	4
<b>Max # of Players on Field</b>	4 vs 4	5 vs 5	7 vs 7	9 vs 9
<b>Goalkeepers</b>	No	No	Yes	Yes
<b>Match Duration</b>	(4) 6-minute quarters	(4) 8-minute quarters	(2) 25-minute halves	(2) 30-minute halves
<b>Quarter Breaks</b>	2 minutes	2 minutes	N/A	N/A
<b>Halftime Breaks</b>	5 minutes	5 minutes	5 minutes	5 minutes
<b>Coaches Allowed on Field</b>	Yes	Yes	No	No
<b>Throw-Ins/Kick-Ins</b>	Kick-Ins	Throw-Ins (2 chances)	Throw-Ins	Throw-Ins
<b>Offside Rule</b>	No	No	No	Yes
<b>Penalty Kick</b>	No	No	No	Yes
<b>Slide Tackles</b>	No	No	No	Yes
<b>Free Kick Opponent</b>	4 yards	4 yards	8 yards	8 yards
<b>Goal Kick Opponent</b>	Midfield	Midfield	Midfield	Midfield
<b>Fouls &amp; Misconduct</b>	Direct Free Kick	Direct Free Kick	FIFA Rules	FIFA Rules

- Each player shall play a **minimum of 50%** of the game – regardless of the score
- Shin guards are **required**
- **Heading** the ball is **NOT** allowed - Free kick (indirect) awarded to opposing team at spot of foul for any balls that hit the head
- Clock runs continuously
- If an opposing team **leads by 5 or more goals**, an extra player from the losing team can be added to the field (extra player is taken off of the field if a goal is scored and the opposing team leads by 4 goals or less)
- No spectators or parents allowed around the goals or team benches during play. Spectators should sit on opposite side of field.
- **No Smoking/Vaping/Tobacco or Alcohol** products allowed – Rotary Soccer Complex and all Lenoir Parks and Recreation Fields and Facilities are Smoke/Vape/Tobacco Free
- **No Pets** allowed
- Opposing players and coaches should shake hands after every match
- No players or children under the age of 18 are allowed to move soccer goals for safety purposes