



# **COVID-19 MITIGATION PROTOCOLS**

## **Player/Coach**

- DO NOT Participate with symptoms during any training, match or event.
- If you are sick, feeling sick, or have a temperature of 100 degrees or higher, DO NOT ATTEND the event.
- Face covering is required for all youth players while on the bench in outdoor and indoor settings.
- Players are recommended to social distance when not playing.
- Coaches and players are recommended to maintain social distancing during halftime, water breaks, and at all times when off the field of play.
- Players and coaches should bring their own hydration and snacks.
- Do not share water bottles, drinks or food or any personal items.
- No spitting will be allowed on the field, sidelines, or anywhere on the event premise
- Cover your mouth when coughing or sneezing - recommended into the nape of the elbow
- Avoid touching eyes, nose, and mouth with hands.
- Players and coaches should sanitize their hands each time they come off the field and in between each game.
- All coaches and players are reminded to launder clothes, uniforms, and vests upon return home.
- Away team will be deemed to have won the coin toss.

## **Parents/Spectators**

- Anyone with symptoms (fever, coughing, sneezing, etc.) should not attend any event.
- Spectators and guests should bring personal hand sanitizer and wipes to the event .
- All attendees are recommended to wear a face covering at all times.
- All attendees are recommended to maintain social distancing on the sidelines.
- Everyone is expected to cover their mouth when coughing or sneezing - recommended into the nape of the elbow.
- Anyone feeling sick should leave the facility immediately and go home or seek a healthcare facility.
- Avoid touching their eyes, nose, and mouth with their hands whenever possible.
- It is strongly recommended that people over 65 and/or with pre-existing conditions avoid attending.

# Referees

- Anyone with symptoms (fever, cough, sore throat, headache, etc.) must not work any event.
- All referees should check their temperature prior to leaving for their first game each day.
- All referees are recommended to wear face coverings while not on the field of play.
- Referees must cover their mouth when coughing or sneezing - recommended into the nape of the elbow.
- Referees should communicate with players and/or coaches while remaining at least 6 feet away; review this with players/coaches prior to match.
- Referees should bring their own hand sanitizer/wipes and liquids and not share gear, snacks, or beverages with anyone.
- Physical contact of any kind will be prohibited (i.e. handshakes, “high fives”, etc.).
- May use artificial or electronic noise makers rather than whistles.
- All referees should launder clothes and uniforms after activities each day.
- No coin toss – away team is deemed to have won the toss.

# Admin/Staff

- Anyone with symptoms (fever, cough, sore throat, headache, etc.) must not work game day.
- All staff should take their temperature before reporting on game day.
- Anyone feeling sick during an event must leave immediately after informing club leadership.
- All staff will wear protective gloves when disinfecting the facility.
- All staff recommended to wear face coverings throughout the event, changing as needed.
- All staff must cover their mouth when coughing or sneezing - recommended into the nape of the elbow.
- Assigned staff will be responsible for sanitizing all defined public areas (i.e. porta-john handles/doors, tents, golf carts, etc.).

# Additional Items

- Clubs should establish hand-sanitizing stations at easily accessible locations,
- Clubs should confirm a contact with their county health department or the state health department for additional guidance to the club’s locality.
- Clubs may be more restrictive than but not less restrictive.
- The Flu will likely be a bigger player this fall/winter with fewer people masking. Please be aware of this additional risk.