

	Player Birth Year 2025 Fall - 2026 Spring Seasons	2020	2019	2018	2017	2016	2015	2014
	Age Group	U06 Under 6	U07 Under 7	U08 Under 8	U09 Under 9	U10 Under 10	U11 Under 11	U12 Under 12
	Players on Field	4 v 4	4 v 4	5 v 5	7 v 7	7 v 7	9 v 9	9 v 9
FIFA Law 01 The Field of Play	Field Size Ranges (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55
FIFA Law 01 The Field of Play	Maximum Goal Size (feet)	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 6.5 Width 18.5	Height 6.5 Width 18.5	Height 6.5 Width 18.5	Height 6.5 Width 18.5
FIFA Law 01 The Field of Play	Build-Out Line	N	N	Y	Y	Y	Y	Y
FIFA Law 02 The Ball	Ball Size	3	3	3	4	4	4	4
FIFA Law 03 The Players	Roster Size (max)	8	8	9	12	12	14	14
FIFA Law 03 The Players	Players on Field	4	4	5	7	7	9	9
FIFA Law 03 The Players	Goalkeeper	N	N	Y	Y	Y	Y	Y
FIFA Law 03 The Players	Goalie Allowed to Punt or Drop Kick Ball	N/A	N/A	N	N	N	N	N
FIFA Law 04 The Players' Equipment	Players' Equipment	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws
FIFA Law 05 The Referee	Referees Provided	N	N	optional	Y	Y	Y	Y
FIFA Law 06 The Other Match Officials	A/Rs Used	N	N	N	N	N	Y	Y
FIFA Law 07 The Duration of the Match	Game Time (# periods x minutes)	2 x 16	2 x 16	2 x 25	2 x 25	2 x 25	2 x 30	2 x 30
FIFA Law 08 The Start & Restart of Play	Start and Restart of Play	Opponents should be 10 ft away from ball on all restarts	Opponents should be 10 ft away from ball on all restarts	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws
FIFA Law 08 The Start & Restart of Play	Score Directly from Kick-off	N	N	N	Y	Y	Y	Y
FIFA Law 09 The Ball In and Out of Play	Ball In and Out of Play	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws
FIFA Law 10 Determining the Outcome of a Match	Determining the Outcome of a Match				Standard Game Laws	Standard Game Laws	Standard Game Laws	Standard Game Laws
FIFA Law 11 Offside	Offside	N	N	N	Y	Y	Y	Y
FIFA Law 12 Fouls and Misconduct	Fouls and Misconduct				*Standard Game Laws	*Standard Game Laws	*Standard Game Laws	*Standard Game Laws
FIFA Law 12 Fouls and Misconduct	Heading the Ball Allowed (U12 updated, Sep 2025)	N	N	N	N	N	N	Y
FIFA Law 12 Fouls and Misconduct	Sendoffs & Cautions (Red & Yellow Cards)	N	N	N	Y	Y	Y	Y
FIFA Law 12 Fouls and Misconduct	Slide Tackling	N	N	N	Y	Y	Y	Y
FIFA Law 13 Free Kicks	Direct Kicks	N	N	N	Y	Y	Y	Y
FIFA Law 14 The Penalty Kick	Penalty Kicks	N	N	N	Y	Y	Y	Y
FIFA Law 15 The Throw-in	Re-try Throw-ins	Y	Y	Y	N	N	N	N
FIFA Law 16 The Goal Kick	Score Directly from Goal Kick	N	N	N	Y	Y	Y	Y
FIFA Law 17 The Corner Kick	Re-try Corner Kicks	Y	Y	Y	N	N	N	N
Miscellaneous	3-Goal Policy	Y	Y	Y	Y	Y	Y	Y
Miscellaneous	Scores Recorded / Standings Published	N	N	N	N	N	Y	Y

*With the exception of deliberate heading and punting