

Fall 2025
Spring 2026
Summer 2026



Dallas Youth Sports

Division / Age Charts

Youth Volleyball

Birth Month / Year	8U		10U		12U		MS	JV	HS
August	2018	2017	2016	2015	2014	2013			
September	2018	2017	2016	2015	2014	2013			
October	2018	2017	2016	2015	2014	2013			
November	2018	2017	2016	2015	2014	2013			
December	2018	2017	2016	2015	2014	2013	7th	9th	11th
January	2019	2018	2017	2016	2015	2014	&	&	&
February	2019	2018	2017	2016	2015	2014	8th	10th	12th
March	2019	2018	2017	2016	2015	2014			
April	2019	2018	2017	2016	2015	2014			
May	2019	2018	2017	2016	2015	2014			
June	2019	2018	2017	2016	2015	2014			
July	2019	2018	2017	2016	2015	2014			
School Teams ONLY	1st	2nd	3rd	4th	5th	6th	Grade Based		

Youth Soccer

Division	Birth Year	School Teams
U4	2022	
U5	2021	Pre-K
U6	2020	K
U7	2019	1st
U8	2018	2nd
U9	2017	3rd
U10	2016	4th
U11	2015	5th
U12	2014	6th
U13	2013	
U14	2012	

NFL Flag Football

Birth Month / Year	8U		10U		12U	
August	2018	2017	2016	2015	2014	2013
September	2018	2017	2016	2015	2014	2013
October	2018	2017	2016	2015	2014	2013
November	2018	2017	2016	2015	2014	2013
December	2018	2017	2016	2015	2014	2013
January	2019	2018	2017	2016	2015	2014
February	2019	2018	2017	2016	2015	2014
March	2019	2018	2017	2016	2015	2014
April	2019	2018	2017	2016	2015	2014
May	2019	2018	2017	2016	2015	2014
June	2019	2018	2017	2016	2015	2014
July	2019	2018	2017	2016	2015	2014
School Teams ONLY	1st	2nd	3rd	4th	5th	6th

Youth Baseball

DOB	Rookie	5U	6U	7U	8U	9U	10U	11U	12U	13U	14U
May	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
June	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
July	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
August	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
September	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
October	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
November	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
December	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2011
January	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2012
February	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2012
March	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2012
April	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2012
School Teams		Pre-K	K	1st	2nd	3rd	4th	5th	6th		

NBA jr. Basketball

Birth Month / Year	6U		8U		10U		12U		MS	JV	HS
August	2020	2019	2018	2017	2016	2015	2014	2013			
September	2020	2019	2018	2017	2016	2015	2014	2013			
October	2020	2019	2018	2017	2016	2015	2014	2013			
November	2020	2019	2018	2017	2016	2015	2014	2013			
December	2020	2019	2018	2017	2016	2015	2014	2013	7th	9th	11th
January	2021	2020	2019	2018	2017	2016	2015	2014	&	&	&
February	2021	2020	2019	2018	2017	2016	2015	2014	8th	10th	12th
March	2021	2020	2019	2018	2017	2016	2015	2014			
April	2021	2020	2019	2018	2017	2016	2015	2014			
May	2021	2020	2019	2018	2017	2016	2015	2014			
June	2021	2020	2019	2018	2017	2016	2015	2014			
July	2021	2020	2019	2018	2017	2016	2015	2014			
School Teams ONLY	Pre-K	K	1st	2nd	3rd	4th	5th	6th	Grade Based		