

North Kingstown Flag Football Coaching Criteria

The North Kingstown flag football league is an instructional league, for and about the children. All kids play an equal amount of time and get the opportunity to play both offense and defense. This format allows all of the children to learn and understand the fundamentals of football and to gain self-confidence. In addition to everyone having equal playing time, coaches should spread the ball around so that every player touches the ball. Several of our teams track ball touches during each game - this is a great way to make sure all the players are involved.

The season starts the first week of August, with player evaluations that help create evenly balanced teams within each age division. Rather than a formal "draft", teams are formed by evenly distributing player skills among the teams. This has worked out well, with many games being close contests that are often decided by a last-minute play or touchdown. The intent is to keep the focus on having fun and learning football skills. With that in mind, no standings are kept during the regular season (at least officially: the kids all know each other's won-and-lost records!). All teams play in an end-of-season tournament, and playoff brackets are filled by a random drawing rather than on the basis of "regular season" wins and losses.

Let us know if you'd like to be part of our coaching team, helping to create a fun and safe learning environment with an emphasis on working together and good sportsmanship. The time commitment for coaching the 7-8 year olds is Thursday evenings for about 1 ½ hours. The time commitment for coaching the 9-11 or 12-14 year olds is one weekday evening/week of practice for about 1½ hours and one hour on Friday evenings for games. The entire season is less than 3 months long. We will provide any inexperienced coaches guidance to make coaching flag football a rewarding experience for everyone.

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