

JUNIORS DIVISION

APPROVED FORMATIONS & RULES ADJUSTMENTS

With this being most of these players first or second involvement with organized contact football, the CIYFL feels that it is important to keep things simple for the players and coaches so the focus can be on the fundamentals of football.

Offensive Formations - Juniors will utilize a wingback (WB) that can align to the left or right 1 yard outside and 1 yard behind the TE. Juniors may choose to play with a TE or a split end (SE) opposite of the WB. (Approved formations are shown on the next page.)

Legal plays will follow the guidelines of the 5th & 6th grade with the following exceptions:

- No wingback (WB) counters
- No pulling guards

FUMBLE RULE:

If the quarterback-center exchange is fumbled, the play is over and the whistle should blow immediately. The ball should be placed at the original line of scrimmage. This is a completed play so if it was 1st down, it now becomes 2nd down.

A fumble by a running back or a receiver is a live ball until it is recovered. The team that recovers the ball will gain possession where the recovery is made. Players are not allowed to advance a fumble in the Junior division.

5TH & 6TH GRADE DIVISIONS

APPROVED FORMATIONS & REMINDERS

At the 5th & 6th grade levels, we have a greater number of approved formations on the following pages which allows for more flexibility and complexity of the offense. We would just remind all the coaches that whatever formations are used it is the expectation of the CIYFL that the players would have a firm understanding of the formations being used during the games. Therefore, we encourage the focus to continue to be on the fundamentals of football.

BACKFIELD SETS:

The 2 running backs in the backfield can be aligned in either a “SPLIT”, “I” or “WING” set. However, an offense WILL NOT be allowed to align 1 running back directly behind the center and then have the other running back and the wingback align to the same side of the center. This would constitute a “power” backfield set and the CIYFL does NOT allow “power” backfield sets.

“CRACK-BACK” or “BLIND-SIDE” BLOCKS:

NO “crack-back” or “blind-side” blocks of any kind by any player are allowed in the CIYFL. This rule is identical and a reminder to the rule at the JH & HS levels of football as instituted by the NFHS.