

Davidson County Parks and Recreation Department
2019-2020
Fall & Spring Volleyball Rules and Regulations
www.co.davidson.nc.us

National Federation High School Rule Book and North Carolina High School Athletic Association Handbook will be used with the exceptions listed below.

Organization:

The Davidson County Recreation and Parks Department will offer a Little League (10-11) and Junior League (12-13) girls volleyball program. The Davidson County Parks and Recreation Department will provide game balls, officials, gym supervisors, and act as the administrative unit over league play.

I. Age Requirements: Cut-off Date: August 31

- 1) **Little League (10-11):** Any girl is eligible if she is 10 years of age on or before Aug. 31 and not 12 years of age on or before Aug. 31 of the playing year (2019).
- 2) **Junior League (12-13):** Any girl is eligible if she is 12 years of age on or before Aug. 31 and not 14 years of age on or before Aug. 31 of the playing year (2019).

Any student suspended from school will not be permitted to participate in any games, until the suspension has been lifted and the student has returned to class.

Any child who participates on middle school and high school volleyball teams will be ineligible in this program.

II. Registration Requirements

County Residents:

The following criteria will be used to determine with which of the 15 booster clubs a youth should participate.

When entering the Davidson County Park and Recreation program, each youth has a choice to participate with the Booster club that represents the public elementary school district in which he/she lives or if the child attends a different public elementary school, he/she may participate with the booster club of that district. Once a child's booster club is determined, his/her eligibility would change only if there is a change in the following:

*** WHERE HE/SHE LIVES OR * WHICH PUBLIC ELEMENTARY SCHOOL HE/SHE ATTENDS**

NOTE: the domicile of their legal guardian (with whom the child lives) living in Davidson County will determine a youth's resident status.

Elementary school District is the standard graduation of elementary to middle to high school all within the same district.

It is the responsibility of each local booster club to verify both the school attendance/residency requirements and the parent/guardian signature on this form. The Davidson County Recreation Department reserves the right to review

any registration forms and declares ineligible any participant who has given false information.

Note: A Parent/Guardian may request a Participation Transfer Request to participate from one Booster Club to another Booster Club all within the same high school district. The transfer is for one year only.

Out of County Residents:

Out of County, youth will be allowed to participate in Davidson County Parks and Recreation youth programming with following guidelines.

- A) They must choose a booster within the county.**
- B) Once they start an athletic event must participate with that booster club for their entire eligibility in that athletic event.**
- C) Once a child's eligibility is up in athletic event, he/she may move to another booster club.**
- D) All outside county participates must pay a \$55.00 non-resident fee plus \$5.00 participation fee. Plus the Booster Club Fee.**

It is the responsibility of each booster club to verify both the school attendance/residency requirements and the parent/ guardian signature on this form. This can be verified through driver's license, utility bill, or tax bill. The Davidson County Parks and Recreation Department reserves the right to review any registration forms and declares ineligible any participant who has given false information.

Athletic Appeal Process:

Must be made in writing to County Athletic Coordinator within three days of assignment of consequence.

- Parents/guardians, and affected booster club president or coaches have the right to be present at appeal.**
- Based on review of the appeal, the Athletic Coordinator will adjust, revoke, or sustain the action.**
- The athlete is not eligible to participate in competition or activity during the appeal process.**
- In cases where action was taken directly by the Athletic Program Manager where dissatisfaction exists with the results of the appeal hearing, a secondary appeal may be made, within three (3) days of the conclusion of the first appeal, in writing to the Parks and Recreation Director. The second appeal will be held by a 3 person panel made up of Parks and Recreation Commission members must be held within three (3) days of receipt of the appeal. This is the final level of appeals.**
- The athlete and/or parent/guardian will be notified of the results of the secondary appeal within 24 hours. This decision is final.**

Registration Forms and Birth Certificates are due Monday, August 26, by 5:00 pm..

The Recreation Department will not accept any registration forms that are faxed, e-mailed, mailed, or delivered by parents to the Recreation Department. All paperwork must be turned in to Booster Clubs.

III. Drafts

Any time a Booster Club has two or more teams in the program, a fair and equal draft will be held to distribute the talent equally. The following regulations govern the draft:

- 1) The drafting of players on a team will be done within the Booster Club.
- 2) Teams will be totally re-drafted every year.
- 3) Only the head coach's child will be locked in. (No assistant coaches will have lock-ins, this will be strictly enforced. No assistant coaches will be picked until after the drafts are done. If brought to the attention of the Recreation Department that assistant coaches child was locked in. The Recreation Department will order a re-draft of all teams within the age group.) The drafting order will follow the guidelines are as follows:
 - a) First year of eligibility will be second pick.
 - b) Second year of eligibility will be first pick.
- 4) Coaches must draw to establish the drafting order. In the first round, coaches will draft according to the order drawn. Then in the second round, the order will be reversed with the last coach drafting first. This procedure will be used until all players are drafted.
- 5) Sisters should play on the same team. If a sister is picked in the draft, the second sister must be picked in the next round of drafting. Sisters may play for different teams with the approval of the family and Booster Club.
- 6) A Booster Club can call for a re-draft of its teams, if they feel the situation warrants a re-draft.
- 7) All Booster Clubs must turn in their drafting order sheets with their rosters. The drafting order sheets will be used to place additional players on teams and used to check to make sure the proper drafting procedures were followed
- 8) If the Recreation Department feels that the draft did not follow the drafting rules it will order a re-draft.

The people responsible for overseeing the draft will consist of the following: Booster Club President/Officer, one (1) Booster Club Board Member, 3 at large representatives of which one (1) must be female, and by all the opposing coaches of teams being drafted in that particular age group. After the teams are drafted the people overseeing the draft must sign the roster and by doing so will approve the roster and draft for the Davidson County Recreation Department.

IV. Roster

- 1) All rosters are due by 5:00 pm on Friday, August 30.
- 2) All rosters must be completely filled out and turned in to the Parks and Recreation Department, this is the coaches' responsibility.
- 3) Ineligible Player(s):
Penalty: For ineligible player(s) is forfeiture of any game they participate in. Any coach that uses an ineligible player will be suspended from all Parks and Recreation

youth sports programming for one year from the date of the first date of the suspension.

V. Coaches (All coaches must be 18 years old or older)

All coaches (head and assistant) must complete a volunteer coaches and background check form, and complete coaches training before they will be allowed to coach in the Recreation program. Anyone not completing the above three requirements will not be allowed to coach. All coaches' forms are due on **Friday, August 30**.

1. Head Coach is responsible for the actions of all assistant coaches, players, and fans.
2. If a spectator is ask to leave and refuses the game can be forfeited.

VII. Practices: (Tuesday, September 3)

1. A team may practice two times per week (Sunday thru Saturday, if Sundays need to be used).
2. Starting with the week the season begins, teams are allowed 1 practice per week.
3. All practices will be limited to 1 hour and 30 minutes; all practices must end before 9:00 pm.
4. A team practice exists when a team assembles under the suspension and instruction of the head coach and/or assistant.
5. If schools are closed because of heat or delay their practices, practices cannot start until 6:30 pm.
6. Participation in any pre-season tournaments will follow these practice guidelines. Penalty: If a coach violates the practice rules, the coach will be suspended for two games and placed on probation. If a coach second violation of these rules, he/she will be suspended for the remainder of the season.

VIII. League Play

1. League play will start week of **Monday, September 16**.
2. No games or practices during End of Grade Testing.
3. Once schedules are done there will be no changes made to accommodate teams that have conflicts with games scheduled, unless for a school function that involves participates receiving a grade.
4. Any game that is forfeited beforehand will remain a forfeit whether or not games are played.

IX. Sportsmanship/ Ejection Policy

- 1) Any coach ejected from a game will be suspended for the next (2) games. If the ejection occurs in that team's last game, the suspension will be for the first (2) games of the next sport they coach or participate in.
- 2) Players meeting one of the five criteria will be suspended for 2 games.
5 Criteria for two game suspensions for participates:
 - A) Biting observed by an official.
 - B) Taunting, baiting or spitting toward an opponent.
 - C) Profanity- directed toward an opponent or official.
 - D) Obscene Gestures- including gesturing in such a manner to intimidate.

- E) Disrespectfully addressing or contacting an official.
- 3) Fighting: (will not be tolerated in any way)
Fighting which includes, but is not limited to, combative acts such as: attempt to strike an opponent with fist, hands, arms, legs or feet whether or not contact is made; An attempt to punch or kick an opponent; whether or not contact is made; An attempt to instigate a fight by committing an unsportsmanlike act toward an opponent that causes an opponent to retaliate; leaving the bench area to participate in a fight.

1st Penalty: Player will be suspended for that game and next 3 games.

2nd Penalty: Player will be suspended for the rest of season and tournament.

- 4) Any coach who is ejected shall leave the vicinity of the playing area immediately and is prohibited from further contact, direct or indirect, with the team during the remainder of the game. Players must stay on the bench. Any coach refusing to leave will be suspended for more games and the game will be forfeited.

- 5) A coach, players, and spectator may be asked to leave the facilities for showing any type of unsportsmanlike actions, under the influence of alcohol, or harassment of officials, fans, coaches and players, and recreation staff. Any coach, player, or spectator asked to leave the facility and refuses the team that the person is associated with can be made to forfeit the game.

6) Any teams having two incidents with coaches/parents/spectators being ejected or removed from game site will be disqualify from participation in post-season tournament.

X. General Rules:

A. Scoring:

1. All games will be rally scoring, meaning a point will be awarded to one team after each play.
2. Teams will play a best 2 out of 3 match. Matches 1 and 2 will be played to 25 points and win by two or the first team to 30. The third and decisive match will be played to 15 points and win by two or the first team to 20.
3. Each team will be allowed two (2) time-outs per match.

B. Serve:

1. Little League will serve 5 ft. inside the baseline boundary. **Overhand serves, are allowed, but must be taken from the original baseline boundary.**
2. Little League players can consecutively serve 5 points. After the 5th point, the serve goes over to the other team.
3. Junior League will use NCHSAA rule.
4. Little League will use the Volley Lite ball and Junior League will use NFHS approved ball.

C. Substitution/Rotation: (Both Leagues)

In an attempt to simplify the rotation process for our youth volleyball program, we will continue to use the “snake rotation” where ALL members of the team serve in the same order throughout the match leaving no need for substitutions with the ONLY exceptions being allowed for an injury where the player cannot continue. With the coach facing the court and occupying the bench area on the RIGHT, the back row left player will rotate off of the floor to the bench

area. The new substitute will then enter the game at the left front position and participate in the game until they reach the back row left position and rotate OUT of the game. On the other side with the coach facing the court on the LEFT side, the left front player will rotate off of the floor and the substitute will enter at the back right position and serve.

D. Bench Area:

1. Only personnel permitted on the sidelines are Players, Head Coach, and one assistant coach
2. Only the Head Coach can stand up to coach.
3. All bench areas should be cleaned by team that occupied them at the end of the match.

This is a head coach responsibility.

E. Official:

1. There will be one official for all matches.
2. Line Judges (volunteer) - It is the responsibility of head coach of each team to provide one volunteer (18 year or older is preferred) for every match to serve as a line judge. The line judges will meet with the official before the match for review of their duties. The match referee reserves the right to overturn any call made by the line judge.
3. Home team will be responsible for providing a scorekeeper/clock operator for each of their home matches.
4. Home/Visitor team would each provide 2 volunteers each game. One for the lines and one for the scores table

XII. Tournament:

1. The tournament will be team tournament format. Teams qualify for the tournament will be based on the total number of teams in each division.
8 or more teams in a division 3 teams will qualify for the tournament
7 or less teams in a division 2 teams will qualify for the tournament
2. All ties will be broken by using the Davidson County Recreation and Parks Department Tournament Policy and Procedures manual.
3. If there is only one division of an age group the number of teams advancing to the tournament will be decided based on the total number of teams in the division.

XIII. Protest:

There are no protest official ruling is final.

The Davidson County Parks and Recreation Department reserves the right to take any action necessary to benefit the objective of the program.

**Davidson County Parks and Recreation Department
Coaches' Code of Conduct**

As a youth sports coach, I will:

- Consider it an honor and a privilege to coach the young people of our community.
- Keep in mind at all times that I am a youth sports coach and that the recreational experience is for the children not for the adults.
- Use positive coaching methods to make the experience enjoyable for my players, increase their self-esteem and foster in them a true sense of enjoyment of the sport in which they are engaged.
- Treat officials with respect and dignity, and instruct my players and their parents to do the same.
- Treat opposing coaches and opposing players with respect and dignity and encourage my players and my players' parents to do the same.
- Model grace, dignity and composure regardless of the outcome of the game.
- Observe all player participation rules and strive to make each player feel as if he/she is a valuable member of the team regardless of any physical or developmental limitations he/she may have.
- Teach the principles of fair play and sportsmanship to my players and model these principles for them at all times.
- Strive to learn the rules of the game and teach those rules to my players and their parents as best I can.
- Encourage safe play at all times and report any unsafe playing conditions to the recreation department staff as soon as I am able.
- Refrain from all manner of personal abuse and harassment of others, whether verbal, physical, emotional or sexual.
- Refrain from using any illegal substances or tobacco products, or imbibing alcohol in the presence of my players or on school or park property.
- Report any conduct that violates this code or adversely affects the positive, kid-friendly environment.
- Agree to abide by and follow the Davidson County Parks and Recreation Department's Coaches' Code of Ethics.

* I also agree that any violation of these rules and guidelines will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official and/or member of league organization
- Coaches game suspension with written documentation of incident
- Coaches season suspension

I understand that I am responsible for conveying the above information to extended family members, friends, and guests that may be attending my team's game to the best of my ability in order to ensure a positive environment for all.

I have read and agreed to the Coaches' Code of Conduct as presented by the Davidson County Parks and Recreation Department.

Signature

Name (Please Print)

Team Name

Date